

Archived

Summer 2016 Physical Education Courses

Sign up at summer.berkeley.edu

We offer classes in the following sessions:

Session A (May 23 - July 1)

Session C (June 20 - August 12)

~~Session D (July 5 - August 12) - Cancelled~~

Session A (May 23 - July 1)

Lecture Courses						
<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Lecture Courses						
32-1	Lec - Fitness for Life: Physical Adaptations to Exercise	47710	3	TuTh 8-1030A	245 HEARST GYM	JOHANNESSEN, S
32-101	Lab - Fitness for Life: Phys Adapt to Exer	47712	0	TuTh 1030-1P	245 HEARST GYM	JOHANNESSEN, S

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Session C (June 20 - August 12)

Activity Courses						
<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Fitness		CMF Fee: \$15				
1-201	Yoga-Vinyasa	47702	0.5	TuWTh 7-830A	251 HEARST GYM	MAR, T L
1-202	Core Conditioning	47704	0.5	TuWTh 830-10A	234 HEARST GYM	MAR, T L
Dance		CMF Fee: \$15				
1-203	Ballet	47706	0.5	MW 6-8P	230 HEARST GYM	SHAH, V G
1-204	Ballet	47708	0.5	TuTh 6-8P	230 HEARST	SHAH, V G

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