Summer 2010 Physical Education Courses

We offer classes in the following sessions:
Session A (May 24 - July 2)
Session C (June 21 - August 13)
Session D (July 6 - Aug 13)

Lecture courses that fulfill the L&S breadth requirements are available in Session A and Session C

**Session A (May 24 - July 2)**

### Elementary Activities

<table>
<thead>
<tr>
<th>Class Lev / Sec</th>
<th>Activity</th>
<th>CCN</th>
<th>Class Day and Time</th>
<th>Class Location</th>
<th>Class Instructor</th>
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<tbody>
<tr>
<td>Aquatics</td>
<td>Swimming</td>
<td>72905</td>
<td>MTuWTh 2-330P</td>
<td>HEARST POOL</td>
<td>STEFKE, E J</td>
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<tr>
<td>Fitness</td>
<td>General Conditioning</td>
<td>72910</td>
<td>MTuWTh 12-130P</td>
<td>125E REC SPRT FAC</td>
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<td>Yoga-Vinyasa</td>
<td>72915</td>
<td>MTuWTh 8-930A</td>
<td>251 HEARST GYM</td>
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<td>Core Conditioning</td>
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<td>234 HEARST GYM</td>
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<td>Tennis</td>
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<td>72925</td>
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### Low Intermediate Activities

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<th>Class Day and Time</th>
<th>Class Location</th>
<th>Class Instructor</th>
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<tr>
<td>Aquatics</td>
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### Lecture Courses

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<tr>
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<th>Activity</th>
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<th>Class Day and Time</th>
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<td>32-1</td>
<td>Fitness for Life: Phys Adapt to Exer (2 Units)</td>
<td>72985</td>
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<td>32-101</td>
<td>Fitness for Life: Phys Adapt to Exer (Lab)</td>
<td>72990</td>
<td>TuTh 930-130P</td>
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<tr>
<td>C129-1</td>
<td>Human Phys Asmt (C/l with IB C129) (3 Units)</td>
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<td>MWF 8-930A</td>
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<td>C129-101</td>
<td>Human Phys Asmt (C/l with IB C129) (3 Units)</td>
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<td>MWF 945-1215P</td>
<td>3047 VALLEY</td>
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### Session C (June 21 - August 13)

#### Elementary Activities

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<td>Fitness</td>
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<td>72965TuWTh 4-530P</td>
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<td>1-201</td>
<td>Yoga-Gentle/Restorative</td>
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<td>Dance</td>
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<td>1-202</td>
<td>Jazz Dance</td>
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#### Lecture Courses

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<th>Activity</th>
<th>CCN</th>
<th>Class Day and Time</th>
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### Session D (July 6 - Aug 13)

#### Elementary Activities

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<td>1-102</td>
<td>Resistance Training</td>
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<td>Martial Arts</td>
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<td>Yongmudo/Judo</td>
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<td>Basketball</td>
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<p>| Class Lev / Sec | Activity                          | CCN   | Class Day and Time | Class Location | Class Instructor |</p>
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