

# Summer 2010 Physical Education Courses

We offer classes in the following sessions:

Session A (May 24 - July 2)

Session C (June 21 - August 13)

Session D (July 6 - Aug 13)

Lecture courses that fulfill the L&S breadth requirements are available in Session A and Session C

## Session A (May 24 - July 2)

### Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>					
1-1	Swimming	72905	MTuWTh 2-330P	HEARST POOL	STEFKE, E J
<b>Fitness</b>					
1-2	General Conditioning	72910	MTuWTh 12-130P	125E REC SPRT FAC	STEFKE, E J
1-3	Yoga-Vinyasa	72915	MTuWTh 8-930A	251 HEARST GYM	MAR, T L
1-4	Core Conditioning	72920	MTuWTh 10-1130A	234 HEARST GYM	MAR, T L
<b>Tennis</b>					
1-5	Tennis (Beginning - Low Intermediate)	72925	TuWTh 2-4P	CHANNING CTS	MORRIS, R A
1-6	Tennis (Beginning - Low Intermediate)	72930	TuWTh 4-6P	CHANNING CTS	MORRIS, R A

### Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>					
2-1	Swimming	72980	MTuWTh 10-1130A	HEARST POOL	STEFKE, E J

### Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Lecture Courses</b>					
32-1	Fitness for Life: Phys Adapt to Exer (2 Units)	72985	TuTh 8-930A	242 HEARST GYM	JOHANNESSEN, S
32-101	Fitness for Life: Phys Adapt to Exer (Lab)	72990	TuTh 930-130P	242 HEARST GYM	JOHANNESSEN, S
C129-1	Human Phys Asmt (C/I with IB C129) (3 Units)	73005	MWF 8-930A	242 HEARST GYM	JOHANNESSEN, S
C129-101	Human Phys Asmt (C/I with IB	73010	MWF 945-1215P	3047 VALLEY	JOHANNESSEN,

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## Session C (June 21 - August 13)

### Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Fitness</b>					
1-201	Yoga-Gentle/Restorative	72965	TuWTh 4-530P	251 HEARST GYM	BRITTON, J E
<b>Dance</b>					
1-202	Jazz Dance	72970	TuWTh 2-330P	230 HEARST GYM	BRITTON, J E
<b>Tennis</b>					
1-203	Tennis (Beginning - Low Intermediate)	72975	TuWTh 12-130P	CHANNING CTS	RORK, L H

### Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Lecture Courses</b>					
60-1	Cult Scrs of Dance, Rhythm, and Mvmt (3 Units)	72995	Cancelled		LI-JUE, S Y
60-101	Cult Scrs of Dance, Rhythm, and Mvmt (Lab)	73000	Cancelled		LI-JUE, S Y

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## Session D (July 6 - Aug 13)

### Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Fitness</b>					
1-101	General Conditioning	72935	MTuWTh 8-930A	125E REC SPRT FAC	WONG, D K
1-102	Resistance Training	72940	MTuWTh 10- 1130A	125E REC SPRT FAC	WONG, D K
<b>Martial Arts</b>					
1-103	Yongmudo/Judo	72945	MTuWTh 12-130P	145 REC SPRT FAC	HAN, J
1-104	Yongmudo/Judo	72950	MTuWTh 2-330P	145 REC SPRT FAC	HAN, J
<b>Basketball</b>					
1-105	Basketball (Beginning - Low Intermediate)	72955	TuWTh 2-4P	220 HEARST GYM	RORK, L H
<b>Tennis</b>					
	Tennis (Beginning - Low				

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