

Spring 2017 Physical Education Classes

Elementary Activities						
<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15				
1-1	Beg. Swimming	20323	0.5	MW 1-2P	HEARST POOL	STEFKE, E J
1-2	Beg. Swimming	20324	0.5	TuTh 11-12P	HEARST POOL	STEFKE, E J
Dance		CMF Fee \$15				
1-3	Beg. Ballet	20325	0.5	Tu 12-2P	230 HEARST GYM	SHAH, V G
1-4	Beg. Contemporary Dance	20326	0.5	W 12-2P	230 HEARST GYM	LI-JUE, S Y
1-6	Beg. Jazz Dance	20328	0.5	W 10-12P	230 HEARST GYM	BRITTON, J E
1-5	Beg. Lyrical Dance	20327	0.5	Tu 10-12P	230 HEARST GYM	BRITTON, J E
Fitness		CMF Fee \$15				
1-8	Beg. Circuit Weight Training	32745	0.5	MW 9-10A	125E REC SPRT FAC	WONG, D K
1-9	Beg. Circuit Weight Training	20331	0.5	MW 10-11A	125E REC SPRT FAC	WONG, D K
1-10	Beg. Circuit Weight Training	20332	0.5	TuTh 12-1P	125E REC SPRT FAC	WONG, D K
1-11	Beg. Circuit Weight Training	20333	0.5	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-12	Beg. Core Conditioning	20334	0.5	MW 1-2P	234 HEARST GYM	MAR, T L
1-13	Beg. Core Conditioning	20335	0.5	TuTh 9-10A	234 HEARST GYM	MAR, T L
1-14	Beg. Interval Sports Training	20336	0.5	F 10-12P	RSF FLDHOUSE	WONG, D K
1-7	Beg. Reconditioning	20329	0.5	TuTh 10-11A	234 HEARST GYM	MAR, T L
1-15	Beg. Resistance Training	20337	0.5	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-16	Beg. Resistance Training	20338	0.5	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-17	Beg. Speed Agility Quickness Tr	20339	0.5	TuTh 9-10A	RSF FLDHOUSE	WONG, D K
1-18	Beg. Stretch, Strength & Align	20340	0.5	M 10-12P	230 HEARST GYM	LI-JUE, S Y

1-19	Beg. Yoga-Hatha	20341	0.5	W 1-3P	251 HEARST GYM	BRITTON, J E
1-20	Beg. Yoga-Hatha	20342	0.5	F 10-12P	251 HEARST GYM	BRITTON, J E
1-21	Beg. Yoga-Restorative	20343	0.5	Tu 1-3P	251 HEARST GYM	BRITTON, J E
1-22	Beg. Yoga-Restorative	20344	0.5	Th 1-3P	251 HEARST GYM	BRITTON, J E
1-23	Beg. Yoga-Restorative	20345	0.5	F 1-3P	251 HEARST GYM	BRITTON, J E
1-24	Beg. Yoga-Sport Conditioning	20346	0.5	MW 11-12P	234 HEARST GYM	MAR, T L
1-26	Beg. Yoga-Vinyasa	20348	0.5	MW 9-10A	251 HEARST GYM	MAR, T L
1-27	Beg. Yoga-Vinyasa	20349	0.5	TuTh 11-12P	251 HEARST GYM	MAR, T L
1-28	Beg. Yoga-Vinyasa	20350	0.5	MW 8-9A	251 HEARST GYM	MAR, T L
1-29	Beg. Yoga-Wellness Practices	20351	0.5	Tu 4-6P	251 HEARST GYM	BRITTON, J E
Martial Arts		CMF Fee \$15				
1-30	Beg. Martial Arts-Judo	20352	0.5	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-31	Beg. Martial Arts-Judo	20353	0.5	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
1-36	Beg. Taekwondo / Self-Defense	20358	0.5	TuTh 11-12P	145 REC SPRT FAC	AHN, R C
1-37	Beg. Taekwondo / Self-Defense	20359	0.5	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
1-38	Beg. Taekwondo / Self-Defense	20360	0.5	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-32	Beg. Taekwondo Olympic Style	20354	0.5	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-33	Beg. Taekwondo Olympic Style	20355	0.5	MW 1-2P	145 REC SPRT FAC	AHN, R C
1-34	Beg. Taekwondo Olympic Style	20356	0.5	MW 2-3P	145 REC SPRT FAC	AHN, R C
1-35	Beg. Taekwondo Olympic Style	20357	0.5	MW 3-4P	145 REC SPRT FAC	AHN, R C
1-39	Beg. Yongmudo / Self-Defense	20361	0.5	MW 9-10A	145 REC SPRT FAC	LINK, N G
1-40	Beg. Yongmudo / Self-Defense	20362	0.5	MW 10-11A	145 REC SPRT FAC	LINK, N G
Sports		CMF Fee \$15				

1-42	Beg. Basketball	20364	0.5	MW 9-10A	RSF FLDHOUSE	RORK, L H
1-43	Beg. Tennis	20365	0.5	MW 9-10A	HEARSTGYMCTS	MORRIS, R A
1-44	Beg. Tennis	20366	0.5	TuTh 9-10A	HEARSTGYMCTS	RORK, L H
1-45	Beg. Volleyball	20367	0.5	MW 12-1P	220 HEARST GYM	CARAWAY, W J

Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15				
2-1	Lo-Int Swimming	20369	0.5	MW 11-12P	HEARST POOL	STEFKE, E J
2-2	Lo-Int Swimming	20370	0.5	TuTh 10-11A	HEARST POOL	STEFKE, E J
2-3	Lo-Int Swimming	20371	0.5	TuTh 1-2P	HEARST POOL	STEFKE, E J
Dance		CMF Fee \$15				
2-4	Lo-Int Ballet	20372	0.5	Th 12-2P	230 HEARST GYM	SHAH, V G
2-5	Lo-Int Ballet	33399	0.5	M 2-4P	234 HEARST GYM	LI-JUE, S Y
2-6	Lo-Int Jazz Dance	20374	0.5	W 4-6P	230 HEARST GYM	BRITTON, J E
2-8	Lo-Int Tap Dance	20376	0.5	W 3-5P	234 HEARST GYM	LI-JUE, S Y
2-7	Lo-Int. Lyrical Dance	20375	0.5	Th 10-12P	230 HEARST GYM	BRITTON, J E
Fitness		CMF Fee \$15				
2-9	Lo-Int Core Conditioning	20377	0.5	MW 12-1P	234 HEARST GYM	MAR, T L
2-10	Lo-Int Core Conditioning	20378	0.5	TuTh 8-9A	234 HEARST GYM	MAR, T L
2-11	Lo-Int Yoga-Vinyasa	20379	0.5	TuTh 7-8A	251 HEARST GYM	MAR, T L
2-12	Lo-Int Yoga-Vinyasa	20380	0.5	MW 7-8A	251 HEARST GYM	MAR, T L
Martial Arts		CMF Fee \$15				
2-13	Lo-Int Taekwondo Olympic Style	20381	0.5	MW 12-1P	145 REC SPRT FAC	AHN, R C
2-14	Lo-Int Taekwondo Self-Defense	20382	0.5	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
Sports		CMF Fee \$15				
2-15	Lo-Int Basketball	20383	0.5	MW 8-9A	RSF FLDHOUSE	RORK, L H
2-16	Lo-Int Basketball	20384	0.5	MW 11-12P	RSF FLDHOUSE	RORK, L H
2-17	Lo-int Tennis	20385	0.5	MW 10-11A	HEARSTGYMCTS	MORRIS, R A
2-18	Lo-int Tennis	33122	0.5	TuTh 10-11A	HEARSTGYMCTS	RORK, L H

2-19	Lo-Int Volleyball	33123	0.5	TuTh 11-12P	RSF FLDHOUSE	CARAWAY, W J
Intermediate Activities						
<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15				
3-1	Int Swimming	20386	0.5	MW 10-11A	HEARST POOL	STEFKE, E J
3-2	Int Swimming	20387	0.5	MW 2-3P	HEARST POOL	STEFKE, E J
3-3	Int Swimming	20388	0.5	TuTh 2-3P	HEARST POOL	STEFKE, E J
Dance		CMF Fee \$15				
3-4	Int Ballet	20389	0.5	Tu 2-4P	230 HEARST GYM	SHAH, V G
3-6	Int Dance Production	20391	0.5	Th 4-6P	230 HEARST GYM	BRITTON, J E
Sports		CMF Fee \$15				
3-7	Int Basketball	20392	0.5	MW 10-11A	RSF FLDHOUSE	RORK, L H
3-8	Int Basketball	20393	0.5	MW 12-1P	RSF FLDHOUSE	RORK, L H
3-9	Int Tennis	20394	0.5	M 11-1P	HEARSTGYMCTS	MORRIS, R A
3-10	Int Tennis	20395	0.5	Tu 11-1P	HEARSTGYMCTS	RORK, L H
3-11	Int Tennis	20396	0.5	TuTh 1-2P	HEARSTGYMCTS	RORK, L H
3-12	Int Volleyball	20397	0.5	Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J
High Intermediate Activities						
<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15				
4-1	Hi-Int Swimming	20398	0.5	MW 9-10A	HEARST POOL	STEFKE, E J
4-2	Hi-Int Swimming	20399	0.5	MW 3-4P	HEARST POOL	STEFKE, E J
4-3	Hi-Int Swimming	20400	0.5	TuTh 3-4P	HEARST POOL	STEFKE, E J
Sports		CMF Fee \$15				
4-4	Hi-Int Basketball	20401	0.5	MW 1-2P	RSF FLDHOUSE	RORK, L H
4-5	Hi-Int Tennis	20402	0.5	W 11-1P	HEARSTGYMCTS	MORRIS, R A
4-6	Hi-Int Tennis	20403	0.5	Th 11-1P	HEARSTGYMCTS	RORK, L H
4-7	Hi-Int Volleyball	20404	0.5	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J
Advanced Activities						
<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Sports		CMF Fee \$15				
5-1	Adv Volleyball-Def Techniques	20405	0.5	MW 1-2P	220 HEARST GYM	CARAWAY, W J
Lecture Courses						
<i>Class Lev</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day</i>	<i>Class Location</i>	<i>Class</i>

<i>/ Sec</i>			<i>and Time</i>				<i>Instructor</i>
PE 197							
197-1	Field Study	20469	1.00 - 3.00	0			LI-JUE, S Y
197-2	Field Study	20470	1.00 - 3.00	0			LI-JUE, S Y
PE 198							
198-1	Directed Group Stdy	20471	1.00 - 4.00	F 6-829P	234 HEARST GYM		BRITTON, J E
PE 32							
32-1	Fitness: Phs Ada/Ex	20462	3	M 10-12P	242 HEARST GYM		JOHANNESSEN, S
32-101	Fitness: Phs Ada/Ex	20463	0	Tu 8-10A	210 HEARST GYM		JOHANNESSEN, S
32-102	Fitness: Phs Ada/Ex	20464	0	Tu 10-12P	210 HEARST GYM		JOHANNESSEN, S
PE 98							
98-1	Directed Group Stdy	20465	1.00 - 4.00	F 6-829P			BRITTON, J E
PE C129							
C129-1	Human Physiol Assmt	20466	3	MW 8-9A	242 HEARST GYM		JOHANNESSEN, S
C129-101	Human Physiol Assmt	20467	0	W 10-1P	3047 VALLEY LSB		JOHANNESSEN, S
C129-102	Human Physiol Assmt	20468	0	W 1-4P	3047 VALLEY LSB		JOHANNESSEN, S
PE C407		CMF Fee \$185					
C407-1	INTRO TO SCI DIVING	33627	3	Tu 4-5P	188 HEARST GYM		HAYWARD, J M
C407-101	INTRO TO SCI DIVING	33628	0	W 7-10P	SPIEKER POOL		HAYWARD, J M