

Archived

Spring 2014 Physical Education Classes

Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics						
CMF Fee \$15						
1-1	Swimming	680030.5		MW 1-2P	HEARST POOL	STEFKE, E J
1-2	Swimming	680060.5		TuTh 11-12P	HEARST POOL	STEFKE, E J
Basketball						
CMF Fee \$15						
1-3	Basketball	680090.5		MW 9-10A	RSF FLDHOUSE	RORK, L H
Dance						
CMF Fee \$15						
1-4	Ballet	680120.5		M 12-2P	230 HEARST GYM	LI-JUE, S Y
1-5	Ballet	680150.5		W 12-2P	230 HEARST GYM	LI-JUE, S Y
1-6	Jazz Dance	680180.5		Tu 4-6P	230 HEARST GYM	BRITTON, J E
1-7	Jazz Dance	680210.5		W 11-1P	234 HEARST GYM	BRITTON, J E
1-8	Modern Dance	680240.5		Th 12-2P	230 HEARST GYM	LI-JUE, S Y
1-9	Tap Dance	680270.5		Tu 3-5P	234 HEARST GYM	LI-JUE, S Y
Fitness						
CMF Fee \$15						
1-10	Aerobic Circuit Training	680300.5		MW 8-9A	234 HEARST GYM	MAR, T L
1-11	Aerobic Conditioning	680330.5		MW 10-11A	234 HEARST GYM	MAR, T L
1-12	Core Conditioning	680360.5		MW 9-10A	234 HEARST GYM	MAR, T L
1-13	Core Conditioning	680390.5		TuTh 9-10A	234 HEARST GYM	MAR, T L
1-14	Stretch, Strength, and Alignment	680420.5		Th 10-12P	230 HEARST GYM	LI-JUE, S Y
1-15	Yoga-Vinyasa	680450.5		MW 12-1P	251 HEARST GYM	MAR, T L
1-16	Yoga-Gentle/Restorative	680480.5		Tu 1-3P	251 HEARST GYM	BRITTON, J E
1-17	Yoga-Vinyasa	680510.5		TuTh 11-12P	251 HEARST GYM	MAR, T L
1-18	Yoga-Gentle/Restorative	680540.5		Th 1-3P	251 HEARST GYM	BRITTON, J E
1-19	Yoga-Gentle/Restorative	680570.5		F 10-12P	251 HEARST GYM	BRITTON, J E
1-20	Yoga-Sport Conditioning	680600.5		TuTh 10-11A	234 HEARST GYM	MAR, T L
1-21	Circuit Weight Training	680630.5		MW 9-10A	125E REC SPRT FAC	WONG, D K
1-22	Circuit Weight Training	680660.5		MW 10-11A	125E REC SPRT FAC	WONG, D K
1-23	Circuit Weight Training	680690.5		TuTh 10-11A	125E REC SPRT FAC	WONG, D K

1-24	Circuit Weight Training	680720.5	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-25	Resistance Training	680750.5	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-26	Resistance Training	680780.5	MW 12-1P	125E REC SPRT FAC	WONG, D K
1-27	Resistance Training	680810.5	TuTh 12-1P	125E REC SPRT FAC	WONG, D K
1-28	Sports Performance Training	680840.5	TuTh 2-3P	RSF FLDHOUSE	WONG, D K
1-29	Interval Sports Training	680870.5	F 10-12P	RSF FLDHOUSE	WONG, D K

Martial Arts

CMF Fee \$15

1-30	Taekwondo	680900.5	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-31	Taekwondo	680930.5	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-32	Taekwondo	680960.5	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-33	Taekwondo	680990.5	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-34	Taekwondo	681020.5	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
1-35	Taekwondo	681050.5	TuTh 11-12P	145 REC SPRT FAC	AHN, R C
1-36	Yongmudo/Self-Defense	681080.5	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-37	Yongmudo/Self-Defense	681110.5	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-38	Judo	681140.5	TuTh 1-2P	145 REC SPRT FAC	AHN, R C

Tennis

CMF Fee \$15

1-39	Tennis	681170.5	MW 9-10A	HEARSTGYMCTSMORRIS, R A	
1-40	Tennis	681200.5	TuTh 9-10A	HEARSTGYMCTSRORK, L H	

Volleyball

CMF Fee \$15

1-41	Volleyball	681230.5	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J
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Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics						
CMF Fee \$15						
2-1	Swimming	681260.5		MW 11-12P	HEARST POOL	STEFKE, E J
2-2	Swimming	681290.5		TuTh 10-11A	HEARST POOL	STEFKE, E J
2-3	Swimming	681320.5		TuTh 1-2P	HEARST POOL	STEFKE, E J
Basketball						
CMF Fee \$15						
2-4	Basketball	681350.5		MW 8-9A	RSF FLDHOUSE	RORK, L H
2-5	Basketball	681380.5		MW 11-12P	RSF FLDHOUSE	RORK, L H
Dance						
CMF Fee \$15						
2-6	Ballet	681410.5		Tu 12-2P	230 HEARST GYM	LI-JUE, S Y
2-7	Ballet	681440.5		W 10-12P	230 HEARST GYM	LI-JUE, S Y
2-8	Jazz Dance	681470.5		W 1-3P	234 HEARST GYM	BRITTON, J E
2-9	Jazz Dance	681500.5		F 1-3P	230 HEARST GYM	BRITTON, J E
2-10	Tap Dance	681530.5		W 3-5P	234 HEARST	LI-JUE, S Y

		CMF Fee \$15		GYM	
Fitness					
2-11	Core Conditioning	681560.5	TuTh 8-9A	234 HEARST GYM	MAR, T L
2-12	Stretch, Strength, and Alignment	681590.5	Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
2-13	Yoga-Vinyasa	681620.5	MW 1-2P	251 HEARST GYM	MAR, T L
2-14	Yoga-Vinyasa	681650.5	TuTh 12-1P	251 HEARST GYM	MAR, T L
Martial Arts					
2-15	Taekwondo	681680.5	MW 12-1P	145 REC SPRT FAC	AHN, R C
Tennis					
2-16	Tennis	681710.5	MW 10-11A	HEARSTGYMCTSMORRIS,	R A
2-17	Tennis	681740.5	TuTh 10-11A	HEARSTGYMCTSRORK,	L H
Volleyball					
2-18	Volleyball	681770.5	TuTh 10-11A	RSF FLDHOUSE	CARAWAY, W J
2-19	Volleyball	681800.5	TuTh 11-12P	RSF FLDHOUSE	CARAWAY, W J

Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15				
3-1	Swimming	681830.5		MW 10-11A	HEARST POOL	STEFKE, E J
3-2	Swimming	681860.5		MW 2-3P	HEARST POOL	STEFKE, E J
3-3	Swimming	681890.5		TuTh 2-3P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15				
3-4	Basketball	681920.5		MW 10-11A	RSF FLDHOUSE	RORK, L H
3-5	Basketball	681950.5		MW 12-1P	RSF FLDHOUSE	RORK, L H
Dance		CMF Fee \$15				
3-6	Ballet	681980.5		M 10-12P	230 HEARST GYM	LI-JUE, S Y
3-7	Lyrical Jazz	682010.5		Th 4-6P	230 HEARST GYM	BRITTON, J E
Fitness		CMF Fee \$15				
3-8	Yoga-Vinyasa	682040.5		MW 2-3P	251 HEARST GYM	MAR, T L
Martial Arts		CMF Fee \$15				
3-9	Taekwondo	682070.5		MW 1-2P	145 REC SPRT FAC	AHN, R C
Tennis		CMF Fee \$15				
3-10	Tennis	682100.5		M 11-1P	HEARSTGYMCTSMORRIS,	R A
3-11	Tennis	682130.5		Tu 11-1P	HEARSTGYMCTSRORK,	L H
3-12	Tennis	682160.5		TuTh 1-2P	HEARSTGYMCTSRORK,	L H
Volleyball						
3-13	Volleyball	682190.5		Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J

High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15				
4-1	Swimming	682220.5		MW 9-10A	HEARST POOL	STEFKE, E J
4-2	Swimming	682250.5		MW 3-4P	HEARST POOL	STEFKE, E J
4-3	Swimming	682280.5		TuTh 3-4P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15				

4-4	Basketball	682310.5	MW 1-2P	RSF FLDHOUSE	RORK, L H
Tennis		CMF Fee \$15			
4-5	Tennis	682340.5	W 11-1P	HEARSTGYMCTSMORRIS,	R A
4-6	Tennis	682370.5	Th 11-1P	HEARSTGYMCTSRORK,	L H
Volleyball		CMF Fee \$15			
4-7	Volleyball	682400.5	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

Advanced Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Dance		CMF Fee \$15				
5-1	Technique and Performance	682430.5		M 4-6P	230 HEARST GYM	LI-JUE, S Y
5-2	Technique and Performance	682460.5		W 4-6P	230 HEARST GYM	BRITTON, J E
Volleyball		CMF Fee \$15				
5-3	Defensive Techniques	682490.5		MW 1-2P	220 HEARST GYM	CARAWAY, W J

Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
PE 32						
32-1	Lec - Fitness for Life: Physical Adaptations to Exercise	684142		Tu 8-930A	242 HEARST GYM	JOHANNESSEN, S
32-101	Lab - Fitness for Life: Physical Adaptations to Exercise	68417		Tu 10-12P	188 HEARST GYM	JOHANNESSEN, S
32-102	Lab - Fitness for Life: Physical Adaptations to Exercise	68420		Th 8-10A	188 HEARST GYM	JOHANNESSEN, S
PE C129						
C129-1	Lec - Human Physiol Assmt...(CL w/ IB C129L sec 1)	684293		MW 8-9A	242 HEARST GYM	JOHANNESSEN, S
C129-101	Lab - Human Physiol Assmt	68432		W 10-1P	3047 VALLEY LSB	JOHANNESSEN, S
C129-102	Lab - Human Physiol Assmt	68435		W 1-4P	3047 VALLEY LSB	JOHANNESSEN, S
PE C407		CMF Fee \$185				
C407-1	Lec - Intro to Scientific Diving...(CL w/ IB C407 sec 1)	684473		Tu 4-6P	188 HEARST GYM	HAYWARD, J M
C407-101	Lab - Intro to Scientific Diving	68450		W 7-10P	SPIEKER POOL	HAYWARD, J M
PE 197						
197-1	Field Study in Physical Education	68438		UNSCHED	NO FACILITY	SCOTT, M K
197-2	Field Study in Physical Education	68441		UNSCHED	NO FACILITY	SCOTT, M K