

Archived

# Spring 2013 Physical Education Classes

## Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>						
<b>CMF Fee \$15</b>						
1-1	Swimming	68003	0.5	MW 1-2P	HEARST POOL	STEFKE, E J
1-2	Swimming	68006	0.5	TuTh 11-12P	HEARST POOL	STEFKE, E J
<b>Basketball</b>						
<b>CMF Fee \$15</b>						
1-3	Basketball	68009	0.5	MW 9-10A	RSF FLDHOUSE	RORK, L H
<b>Dance</b>						
<b>CMF Fee \$15</b>						
1-4	Ballet	68012	0.5	M 10-12P	230 HEARST GYM	LI-JUE, S Y
1-5	Ballet	68015	0.5	Tu 12-2P	230 HEARST GYM	LI-JUE, S Y
1-6	Jazz Dance	68018	0.5	Th 4-6P	230 HEARST GYM	BRITTON, J E
<b>Fitness</b>						
<b>CMF Fee \$15</b>						
1-7	Aerobic Circuit Training	68021	0.5	MW 8-9A	251 HEARST GYM	JOHANNESSEN, S
1-8	Aerobic Conditioning	68024	0.5	MW 10-11A	234 HEARST GYM	MAR, T L
1-9	Core Conditioning	68027	0.5	MW 9-10A	234 HEARST GYM	MAR, T L
1-10	Core Conditioning	68030	0.5	TuTh 11-12P	234 HEARST GYM	MAR, T L
1-11	Stretch, Strength, and Alignment	68033	0.5	Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
1-12	Yoga-Vinyasa	68036	0.5	MW 12-1P	251 HEARST GYM	MAR, T L
1-13	Yoga-Gentle/Restorative	68039	0.5	Tu 1-3P	251 HEARST GYM	BRITTON, J E
1-14	Yoga-Vinyasa	68042	0.5	TuTh 8-9A	251 HEARST GYM	MAR, T L
1-15	Yoga-Gentle/Restorative	68045	0.5	Th 1-3P	251 HEARST GYM	BRITTON, J E
1-16	Yoga-Gentle/Restorative	68048	0.5	F 10-12P	251 HEARST GYM	BRITTON, J E
1-17	Circuit Weight Training	68051	0.5	MW 9-10A	125E REC SPRT FAC	WONG, D K
1-18	Circuit Weight Training	68054	0.5	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-19	Circuit Weight Training	68057	0.5	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-20	Resistance Training	68060	0.5	MW 10-11A	125E REC SPRT FAC	WONG, D K
1-21	Resistance Training	68063	0.5	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-22	Resistance Training	68066	0.5	TuTh 12-1P	125E REC SPRT FAC	WONG, D K
1-23	Sports Performance Training	68069	0.5	TuTh 2-3P	RSF FLDHOUSE	WONG, D K
<b>Martial Arts</b>						
<b>CMF Fee \$15</b>						

1-24	Taekwondo	68072	0.5	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-25	Taekwondo	68075	0.5	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-26	Taekwondo	68078	0.5	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-27	Taekwondo	68081	0.5	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-28	Taekwondo	68084	0.5	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
1-29	Yongmudo/Self-Defense	68087	0.5	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-30	Yongmudo/Self Defense	68090	0.5	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-31	Judo	68093	0.5	TuTh 12-1P	145 REC SPRT FAC	AHN, R C
1-32	Judo	68096	0.5	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
<b>Tennis</b>		<b>CMF Fee \$15</b>				
1-33	Tennis	68099	0.5	MW 9-10A	HEARSTGYMCTSMORRIS, R A	
1-34	Tennis	68102	0.5	TuTh 9-10A	HEARSTGYMCTSRORK, L H	
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
1-35	Volleyball	68105	0.5	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J

### Low Intermediate Activities

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<b>Aquatics</b>		<b>CMF Fee \$15</b>				
2-1	Swimming	68108	0.5	MW 11-12P	HEARST POOL	STEFKE, E J
2-2	Swimming	68111	0.5	TuTh 10-11A	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
2-3	Basketball	68114	0.5	MW 11-12P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
2-4	Ballet	68117	0.5	M 12-2P	230 HEARST GYM	LI-JUE, S Y
2-5	Ballet	68120	0.5	W 12-2P	230 HEARST GYM	LI-JUE, S Y
2-6	Jazz Dance	68123	0.5	Tu 4-6P	230 HEARST GYM	BRITTON, J E
2-7	Jazz Dance	68126	0.5	F 1-3P	230 HEARST GYM	BRITTON, J E
2-8	Tap Dance	68129	0.5	Th 1-3P	234 HEARST GYM	LI-JUE, S Y
<b>Fitness</b>		<b>CMF Fee \$15</b>				
2-9	Core Conditioning	68132	0.5	TuTh 12-1P	234 HEARST GYM	MAR, T L
2-10	Yoga-Vinyasa	68135	0.5	MW 1-2P	251 HEARST GYM	MAR, T L
2-11	Yoga-Vinyasa	68138	0.5	TuTh 9-10A	251 HEARST GYM	MAR, T L
<b>Martial Arts</b>		<b>CMF Fee \$15</b>				
2-12	Taekwondo	68141	0.5	MW 12-1P	145 REC SPRT FAC	AHN, R C
2-13	Taekwondo	68144	0.5	MW 1-2P	145 REC SPRT FAC	AHN, R C

<b>Tennis</b>		<b>CMF Fee \$15</b>			
2-14	Tennis	68147	0.5	MW 10-11A	HEARSTGYMCTSMORRIS, R A
2-15	Tennis	68150	0.5	TuTh 10-11A	HEARSTGYMCTSRORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>			
2-16	Volleyball	68153	0.5	TuTh 10-11A	RSF FLDHOUSE CARAWAY, W J
2-17	Volleyball	68156	0.5	TuTh 11-12P	RSF FLDHOUSE CARAWAY, W J

### Intermediate Activities

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<b>Aquatics</b>		<b>CMF Fee \$15</b>				
3-1	Swimming	68162	0.5	MW 10-11A	HEARST POOL	STEFKE, E J
3-2	Swimming	68165	0.5	TuTh 9-10A	HEARST POOL	STEFKE, E J
3-3	Swimming	68168	0.5	TuTh 1-2P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
3-4	Basketball	68171	0.5	MW 10-11A	RSF FLDHOUSE	RORK, L H
3-5	Basketball	68174	0.5	MW 12-1P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
3-6	Ballet	68177	0.5	W 10-12P	230 HEARST GYM	LI-JUE, S Y
3-7	Lyrical Jazz	68180	0.5	W 4-6P	230 HEARST GYM	BRITTON, J E
<b>Martial Arts</b>		<b>CMF Fee \$15</b>				
3-8	Taekwondo	68183	0.5		CANCELLED	AHN, R C
<b>Tennis</b>		<b>CMF Fee \$15</b>				
3-9	Tennis	68186	0.5	M 11-1P	HEARSTGYMCTSMORRIS, R A	
3-10	Tennis	68189	0.5	Tu 11-1P	HEARSTGYMCTSRORK, L H	
3-11	Tennis	68192	0.5	Th 11-1P	HEARSTGYMCTSRORK, L H	
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
3-12	Volleyball	68194	0.5	Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J

### High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
4-1	Swimming	68195	0.5	MW 9-10A	HEARST POOL	STEFKE, E J
4-2	Swimming	68198	0.5	MW 2-3P	HEARST POOL	STEFKE, E J
4-3	Swimming	68201	0.5	TuTh 2-3P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
4-4	Basketball	68204	0.5	MW 1-2P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
4-5	Technique and Performance	68207	0.5	M 4-6P	230 HEARST GYM	LI-JUE, S Y
<b>Tennis</b>		<b>CMF Fee \$15</b>				
4-6	Tennis	68210	0.5	W 11-1P	HEARSTGYMCTSMORRIS, R A	
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
4-7	Volleyball	68212	0.5	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

### Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>PE 32</b>						
32-1	Lec - Fitness for Life: Physical Adaptations to Exercise	68375	2	Tu 8-930A	20 BARROWS	JOHANNESSEN, S
32-101	Lab - Fitness for Life: Physical Adaptations to Exercise	68378		Tu 10-12P	188 HEARST GYM	JOHANNESSEN, S
	Lab - Fitness for Life: Physical				188 HEARST	JOHANNESSEN,

32-102	Adaptations to Exercise	68381	W 10-12P	GYM	S
32-103	Lab - Fitness for Life: Physical Adaptations to Exercise	68384	W 1-3P	188 HEARST GYM	JOHANNESSEN, S
32-104	Lab - Fitness for Life: Physical Adaptations to Exercise	68387	Th 8-10A	188 HEARST GYM	JOHANNESSEN, S
<b>PE 197</b>					
197-1	Field Study in Physical Education	SEE DEPT	1-3	TBA	
197-1	Field Study in Physical Education	SEE DEPT	1-3	TBA	
<b>SCUBA</b>					
C407-1	Lec - Introduction to Scientific Diving	68396 3	Cancelled	Cancelled	HAYWARD, J M

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