

Archived

# Spring 2012 Physical Education Classes

## Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>						
1-1	Swimming	680030.5		MW 1-2P	HEARST POOL	STEFKE, E J
1-2	Swimming	680060.5		TuTh 11-12P	HEARST POOL	STEFKE, E J
<b>Basketball</b>						
1-3	Basketball	680090.5		MW 9-10A	RSF FLDHOUSE	RORK, L H
<b>Dance</b>						
1-4	Ballet	680120.5		M 10-12P	230 HEARST GYM	LI-JUE, S Y
1-5	Ballet	680150.5		Tu 12-2P	230 HEARST GYM	LI-JUE, S Y
1-6	Jazz Dance	680180.5		Th 4-6P	230 HEARST GYM	BRITTON, J E
<b>Fitness</b>						
1-7	Aerobic Circuit Training	680210.5		MW 8-9A	251 HEARST GYM	JOHANNESSEN, S
1-8	Aerobic Conditioning	680240.5		MW 1-2P	234 HEARST GYM	MAR, T L
1-9	Core Conditioning	680270.5		MW 9-10A	234 HEARST GYM	MAR, T L
1-10	Core Conditioning	680300.5		TuTh 11-12P	234 HEARST GYM	MAR, T L
1-11	Step Aerobics	680330.5		TuTh 12-1P	234 HEARST GYM	MAR, T L
1-12	Stretch, Strength, and Alignment	680360.5		Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
1-13	Yoga-Vinyasa	680390.5		MW 11-12P	251 HEARST GYM	MAR, T L
1-14	Yoga-Gentle/Restorative	680420.5		Tu 1-3P	251 HEARST GYM	BRITTON, J E
1-15	Yoga-Vinyasa	680450.5		TuTh 8-9A	251 HEARST GYM	MAR, T L
1-16	Yoga-Gentle/Restorative	680480.5		Th 1-3P	251 HEARST GYM	BRITTON, J E
1-17	Yoga-Gentle/Restorative	680510.5		F 10-12P	251 HEARST GYM	BRITTON, J E
1-18	Circuit Weight Training	680540.5		MW 9-10A	125E REC SPRT FAC	WONG, D K
1-19	Circuit Weight Training	680570.5		TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-20	Circuit Weight Training	680600.5		TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-21	Resistance Training	680630.5		MW 10-11A	125E REC SPRT FAC	WONG, D K
1-22	Resistance Training	680660.5		MW 11-12P	125E REC SPRT FAC	WONG, D K

1-23	Resistance Training	680690.5	TuTh 12-1P	FAC	WONG, D K
1-24	Sports Performance Training	680720.5	TuTh 2-3P	RSF FLDHOUSE	WONG, D K
<b>Martial Arts</b>		<b>CMF Fee \$15</b>			
1-25	Taekwondo	680750.5	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-26	Taekwondo	680780.5	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-27	Taekwondo	680810.5	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-28	Taekwondo	680840.5	MW 1-2P	145 REC SPRT FAC	AHN, R C
1-29	Taekwondo	680870.5	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-30	Taekwondo	680900.5	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-31	Yongmudo/Self Defense	680930.5	TuTh 12-1P	145 REC SPRT FAC	AHN, R C
1-32	Judo	680960.5	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-33	Judo	680990.5	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
<b>Tennis</b>		<b>CMF Fee \$15</b>			
1-34	Tennis	681020.5	MW 9-10A	HEARSTGYMCTS	MORRIS, R A
1-35	Tennis	681050.5	TuTh 9-10A	HEARSTGYMCTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>			
1-36	Volleyball	681080.5	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J

### Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
2-1	Swimming	681110.5		MW 11-12P	HEARST POOL	STEFKE, E J
2-2	Swimming	681140.5		TuTh 10-11A	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
2-3	Basketball	681170.5		MW 11-12P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
2-4	Ballet	681200.5		M 12-2P	230 HEARST GYM	LI-JUE, S Y
2-5	Ballet	681230.5		W 12-2P	230 HEARST GYM	LI-JUE, S Y
2-6	Jazz Dance	681260.5		Tu 4-6P	230 HEARST GYM	BRITTON, J E
2-7	Jazz Dance	681290.5		F 1-3P	230 HEARST GYM	BRITTON, J E
2-8	Tap Dance	681320.5		Th 1-3P	234 HEARST GYM	LI-JUE, S Y
<b>Fitness</b>		<b>CMF Fee \$15</b>				
2-9	Stretch, Strength, and Alignment	681350.5		Th 10-12P	230 HEARST GYM	LI-JUE, S Y
2-10	Yoga-Vinyasa	681380.5		MW 12-1P	251 HEARST GYM	MAR, T L
2-11	Yoga-Vinyasa	681410.5		TuTh 9-10A	251 HEARST GYM	MAR, T L
<b>Martial Arts</b>		<b>CMF Fee \$15</b>				

2-12	Taekwondo	681440.5	MW 12-1P	145 REC SPRT FAC	AHN, R C
2-13	Taekwondo	681470.5	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
<b>Tennis</b>		<b>CMF Fee \$15</b>			
2-14	Tennis	681500.5	MW 10-11A	HEARSTGYMCTS	MORRIS, R A
2-15	Tennis	681530.5	TuTh 10-11A	HEARSTGYMCTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>			
2-16	Volleyball	681560.5	TuTh 10-11A	RSF FLDHOUSE	CARAWAY, W J
2-17	Volleyball	681590.5	TuTh 11-12P	RSF FLDHOUSE	CARAWAY, W J

### Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
3-1	Swimming	681620.5		MW 10-11A	HEARST POOL	STEFKE, E J
3-2	Swimming	681650.5		TuTh 9-10A	HEARST POOL	STEFKE, E J
3-3	Swimming	681680.5		TuTh 1-2P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
3-4	Basketball	681710.5		MW 10-11A	RSF FLDHOUSE	RORK, L H
3-5	Basketball	681740.5		MW 12-1P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
3-6	Ballet	681770.5		W 10-12P	230 HEARST GYM	LI-JUE, S Y
3-7	Lyrical Jazz	681800.5		W 4-6P	230 HEARST GYM	BRITTON, J E
<b>Tennis</b>		<b>CMF Fee \$15</b>				
3-8	Tennis	681830.5		M 11-1P	HEARSTGYMCTS	MORRIS, R A
3-9	Tennis	681860.5		Tu 11-1P	HEARSTGYMCTS	RORK, L H
3-10	Tennis	681890.5		Th 11-1P	HEARSTGYMCTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
3-11	Volleyball	681910.5		Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J

### High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
4-1	Swimming	681920.5		MW 9-10A	HEARST POOL	STEFKE, E J
4-2	Swimming	681950.5		MW 2-3P	HEARST POOL	STEFKE, E J
4-3	Swimming	681980.5		TuTh 2-3P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
4-4	Basketball	682010.5		MW 1-2P	RSF FLDHOUSE	RORK, L H
<b>Tennis</b>		<b>CMF Fee \$15</b>				
4-5	Tennis	682040.5		W 11-1P	HEARSTGYMCTS	MORRIS, R A
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
4-6	Volleyball	682060.5		Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

### Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>PE 32</b>						
32-1	Lec - Fitness for Life: Physical Adaptations to Exercise	683692		Tu 8-930A	110 BARROWS	JOHANNESSEN, S
	Lab - Fitness for Life: Physical				188 HEARST	JOHANNESSEN,

32-101	Adaptations to Exercise	68372	Tu 10-12P	GYM	S
32-102	Lab - Fitness for Life: Physical Adaptations to Exercise	68375	W 10-12P	188 HEARST GYM	JOHANNESSEN, S
32-103	Lab - Fitness for Life: Physical Adaptations to Exercise	68378	W 1-3P	188 HEARST GYM	JOHANNESSEN, S
32-104	Lab - Fitness for Life: Physical Adaptations to Exercise	68381	CANCELLED		
<b>PE 197</b>					
197-1	Field Study in Physical Education	68384	TBA	TBA	JOHANNESSEN, S
197-2	Field Study in Physical Education	68387	TBA	TBA	JOHANNESSEN, S
<b>SCUBA</b>					
<b>See <a href="http://pe.berkeley.edu/scubadiving">pe.berkeley.edu/scubadiving</a></b>					
C407-1	Lec - Introduction to Scientific Diving	683903	Tu 4-6P	188 HEARST GYM	HAYWARD, J M
C407-101	Lab - Introduction to Scientific Diving	68393	W 7-9P	SPIEKER POOL	HAYWARD, J M