

Archived

Spring 2011 Physical Education Classes

Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
1-1	Swimming	68003	MW 11-12P	HEARST POOL	STEFKE, E J
1-2	Swimming	68006	MW 1-2P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15			
1-3	Basketball	68009	MW 9-10A	RSF FLDHOUSE	RORK, L H
Dance		CMF Fee \$15			
1-4	Ballet	68012	W 10-12P	230 HEARST GYM	LI-JUE, S Y
1-5	Jazz Dance	68015	Th 12-2P	230 HEARST GYM	BRITTON, J E
Fitness		CMF Fee \$15			
1-6	Aerobic Circuit Training	68018	MW 8-9A	251 HEARST GYM	JOHANNESSEN, S
1-7	Core Conditioning	68021	MW 11-12P	234 HEARST GYM	MAR, T L
1-8	Core Conditioning	68024	TuTh 1-2P	234 HEARST GYM	MAR, T L
1-9	Yoga-Vinyasa	68027	MW 9-10A	251 HEARST GYM	MAR, T L
1-10	Yoga-Gentle/Restorative	68030	Tu 3-5P	251 HEARST GYM	BRITTON, J E
1-11	Yoga-Vinyasa	68033	TuTh 11-12P	251 HEARST GYM	MAR, T L
1-12	Yoga-Gentle/Restorative	68036	Th 3-5P	251 HEARST GYM	BRITTON, J E
1-13	Circuit Weight Training	68039	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-14	Circuit Weight Training	68042	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-15	Resistance Training	68045	MW 10-11A	125E REC SPRT FAC	WONG, D K
1-16	Resistance Training	68048	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-17	Sports Performance Training	68051	TuTh 8-9A	RSF FLDHOUSE	WONG, D K
Martial Arts		CMF Fee \$15			
1-18	Taekwondo	68054	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-19	Taekwondo	68057	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-20	Taekwondo	68060	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-21	Taekwondo	68063	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
1-22	Taekwondo	68066	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-23	Taekwondo	68069	TuTh 3-4P	145 REC SPRT FAC	AHN, R C

1-24	Yongmudo/Self Defense	68072	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
1-25	Judo	68075	TuTh 8-9A	145 REC SPRT FAC	AHN, R C
1-26	Judo	68078	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
Tennis		CMF Fee \$15			
1-27	Tennis	68081	MW 9-10A	HEARSTGYMCTSMORRIS,	R A
Volleyball		CMF Fee \$15			
1-28	Volleyball	68084	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J

Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
2-1	Swimming	68087	MW 10-11A	HEARST POOL	STEFKE, E J
2-2	Swimming	68090	TuTh 1-2P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15			
2-3	Basketball	68093	MW 11-12P	RSF FLDHOUSE	RORK, L H
Dance		CMF Fee \$15			
2-4	Ballet	68096	M 12-2P	230 HEARST GYM	LI-JUE, S Y
2-5	Ballet	68099	W 12-2P	230 HEARST GYM	LI-JUE, S Y
2-6	Jazz Dance	68102	Tu 12-2P	230 HEARST GYM	BRITTON, J E
2-7	Jazz Dance	68105	F 10-12P	230 HEARST GYM	BRITTON, J E
Fitness		CMF Fee \$15			
2-8	Stretch, Strength, and Alignment	68108	M 10-12P	230 HEARST GYM	LI-JUE, S Y
2-9	Yoga-Vinyasa	68111	MW 12-1P	251 HEARST GYM	MAR, T L
Martial Arts		CMF Fee \$15			
2-10	Taekwondo	68114	MW 12-1P	145 REC SPRT FAC	AHN, R C
2-11	Taekwondo	68117	TuTh 12-1P	145 REC SPRT FAC	AHN, R C
Tennis		CMF Fee \$15			
2-12	Tennis	68120	MW 10-11A	HEARSTGYMCTSMORRIS,	R A
Volleyball		CMF Fee \$15			
2-13	Volleyball	68123	Tu 10-12P	RSF FLDHOUSE	CARAWAY, W J

Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
3-1	Swimming	68126	TuTh 11-12P	HEARST POOL	STEFKE, E J
3-2	Swimming	68129	TuTh 2-3P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15			
3-3	Basketball	68132	MW 10-11A	RSF FLDHOUSE	RORK, L H
3-4	Basketball	68135	MW 12-1P	RSF FLDHOUSE	RORK, L H
Dance		CMF Fee \$15			
3-5	Ballet	68138	Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
Tennis		CMF Fee \$15			

3-6	Tennis	68141	M 11-1P	HEARSTGYMCTSMORRIS, R A
3-7	Tennis	68144	Tu 10-12P	HEARSTGYMCTSRORK, L H
Volleyball		CMF Fee \$15		
3-8	Volleyball	68147	Tu 12-2P	RSF FLDHOUSE CARAWAY, W J
3-9	Volleyball	68150	Th 10-12P	RSF FLDHOUSE CARAWAY, W J

High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
4-1	Swimming	68153	TuTh 10-11A	HEARST POOL	STEFKE, E J
4-2	Swimming	68156	TuTh 3-4P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15			
4-3	Basketball	68159	MW 1-2P	RSF FLDHOUSE	RORK, L H
Tennis		CMF Fee \$15			
4-4	Tennis	68162	W 11-1P	HEARSTGYMCTSMORRIS, R A	
Volleyball		CMF Fee \$15			
4-5	Volleyball	68165	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
PE 32					
32-1	Fitness for Life: Physical Adaptations to Exercise	68330	M 10-11A	242 HEARST GYM	JOHANNESSEN, S
32-101	Fitness for Life: Physical Adaptations to Exercise	68333	W 9-12P	188 HEARST GYM	JOHANNESSEN, S
32-102	Fitness for Life: Physical Adaptations to Exercise	68336	W 1-4P	188 HEARST GYM	JOHANNESSEN, S
SCUBA					
47A-1	Introduction to Skin and SCUBA Diving	68339	W 4-6P	245 HEARST GYM	HAYWARD, J M
47A-1	Introduction to Skin and SCUBA Diving	68342	W 7-9P	SPIEKER POOL	HAYWARD, J M
C407-1	Introduction to Scientific Diving	68351	Tu 4-6P	Cancelled	HAYWARD, J M
C407-101	Introduction to Scientific Diving	68354	W 7-9P	Cancelled	HAYWARD, J M
PE 197					
197-1	Field Study in Physical Education	68345	UNSCHED	NO FACILITY	SCOTT, M K
197-2	Field Study in Physical Education	68348	UNSCHED	NO FACILITY	SCOTT, M K

Intercollegiate Athletic Teams for Men

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
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Note: These sections are for members of the Athletics teams only!

The classes that are open to all students are levels 1 through 5 as well as the lecture courses (see above).

11-1	Baseball	68168	UNSCHED	NO FACILITY	SCOTT, M K
11-2	Baseball	68171	UNSCHED	NO FACILITY	SCOTT, M K
11-3	Basketball	68174	UNSCHED	NO FACILITY	SCOTT, M K
11-4	Basketball	68177	UNSCHED	NO FACILITY	SCOTT, M K
11-5	Crew	68180	UNSCHED	NO FACILITY	SCOTT, M K
11-6	Crew	68183	UNSCHED	NO FACILITY	SCOTT, M K
11-7	Football	68186	UNSCHED	NO FACILITY	SCOTT, M K
11-8	Football	68189	UNSCHED	NO FACILITY	SCOTT, M K
11-9	Golf	68192	UNSCHED	NO FACILITY	SCOTT, M K
11-10	Golf	68195	UNSCHED	NO FACILITY	SCOTT, M K
11-11	Gymnastics	68198	UNSCHED	NO FACILITY	SCOTT, M K

11-12	Gymnastics	68201	UNSCHE	NO FACILITY	SCOTT, M K
11-13	Rugby	68204	UNSCHE	NO FACILITY	SCOTT, M K
11-14	Rugby	68207	UNSCHE	NO FACILITY	SCOTT, M K
11-15	Soccer	68210	UNSCHE	NO FACILITY	SCOTT, M K
11-16	Soccer	68213	UNSCHE	NO FACILITY	SCOTT, M K
11-17	Swimming	68216	UNSCHE	NO FACILITY	SCOTT, M K
11-18	Swimming	68219	UNSCHE	NO FACILITY	SCOTT, M K
11-19	Tennis	68222	UNSCHE	NO FACILITY	SCOTT, M K
11-20	Tennis	68225	UNSCHE	NO FACILITY	SCOTT, M K
11-21	Track and Field	68228	UNSCHE	NO FACILITY	SCOTT, M K
11-22	Track and Field	68231	UNSCHE	NO FACILITY	SCOTT, M K
11-23	Water Polo	68234	UNSCHE	NO FACILITY	SCOTT, M K
11-24	Water Polo	68237	UNSCHE	NO FACILITY	SCOTT, M K
11-25	Weight Training	68240	UNSCHE	NO FACILITY	SCOTT, M K
11-26	Weight Training	68243	UNSCHE	NO FACILITY	SCOTT, M K

Intercollegiate Athletic Teams for Women

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
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Note: These sections are for members of the Athletics teams only!

The classes that are open to all students are levels 1 through 5 as well as the lecture courses (see above).

12-1	Basketball	68246	UNSCHE	NO FACILITY	SCOTT, M K
12-2	Basketball	68249	UNSCHE	NO FACILITY	SCOTT, M K
12-3	Crew	68252	UNSCHE	NO FACILITY	SCOTT, M K
12-4	Crew	68255	UNSCHE	NO FACILITY	SCOTT, M K
12-5	Field Hockey	68258	UNSCHE	NO FACILITY	SCOTT, M K
12-6	Field Hockey	68261	UNSCHE	NO FACILITY	SCOTT, M K
12-7	Golf	68264	UNSCHE	NO FACILITY	SCOTT, M K
12-8	Golf	68267	UNSCHE	NO FACILITY	SCOTT, M K
12-9	Gymnastics	68270	UNSCHE	NO FACILITY	SCOTT, M K
12-10	Gymnastics	68273	UNSCHE	NO FACILITY	SCOTT, M K
12-11	Lacrosse	68276	UNSCHE	NO FACILITY	SCOTT, M K
12-12	Lacrosse	68279	UNSCHE	NO FACILITY	SCOTT, M K
12-13	Soccer	68282	UNSCHE	NO FACILITY	SCOTT, M K
12-14	Soccer	68285	UNSCHE	NO FACILITY	SCOTT, M K
12-15	Softball	68288	UNSCHE	NO FACILITY	SCOTT, M K
12-16	Softball	68291	UNSCHE	NO FACILITY	SCOTT, M K
12-17	Swimming and Diving	68294	UNSCHE	NO FACILITY	SCOTT, M K
12-18	Swimming and Diving	68297	UNSCHE	NO FACILITY	SCOTT, M K
12-19	Tennis	68300	UNSCHE	NO FACILITY	SCOTT, M K
12-20	Tennis	68303	UNSCHE	NO FACILITY	SCOTT, M K
12-21	Track and Field	68306	UNSCHE	NO FACILITY	SCOTT, M K
12-22	Track and Field	68309	UNSCHE	NO FACILITY	SCOTT, M K
12-23	Volleyball	68312	UNSCHE	NO FACILITY	SCOTT, M K
12-24	Volleyball	68315	UNSCHE	NO FACILITY	SCOTT, M K
12-25	Water Polo	68318	UNSCHE	NO FACILITY	SCOTT, M K
12-26	Water Polo	68321	UNSCHE	NO FACILITY	SCOTT, M K
12-27	Weight Training	68324	UNSCHE	NO FACILITY	SCOTT, M K
12-28	Weight Training	68327	UNSCHE	NO FACILITY	SCOTT, M K