

Archived

Spring 2010 Physical Education Classes

Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics					
1-1	Swimming	68003	MW 11-12P	HEARST POOL	SCOTT, M K
1-2	Swimming	68006	MW 1-2P	HEARST POOL	SCOTT, M K
Basketball					
CMF Fee \$15					
1-3	Basketball	68009	MW 9-10A	RSF FLDHOUSE	RORK, L H
Dance					
CMF Fee \$15					
1-4	Ballet	68012	F 12-2P	230 HEARST GYM	LI-JUE, S Y
1-5	Jazz Dance	68015	Th 12-2P	230 HEARST GYM	BRITTON, J E
Fitness					
CMF Fee \$15					
1-6	Aerobic Circuit Training	68018	MW 8-9A	251 HEARST GYM	JOHANNESSEN, S
1-7	Core Conditioning	68021	MW 11-12P	234 HEARST GYM	MAR, T L
1-8	Core Conditioning	68024	TuTh 1-2P	234 HEARST GYM	MAR, T L
1-9	Yoga-Vinyasa	68027	MW 9-10A	251 HEARST GYM	MAR, T L
1-10	Yoga-Gentle/Restorative	68030	Tu 3-5P	251 HEARST GYM	BRITTON, J E
1-11	Yoga-Vinyasa	68033	TuTh 11-12P	251 HEARST GYM	MAR, T L
1-12	Yoga-Gentle/Restorative	68036	Th 3-5P	251 HEARST GYM	BRITTON, J E
1-13	Circuit Weight Training	68039	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-14	Circuit Weight Training	68042	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-15	Resistance Training	68045	MW 10-11A	125E REC SPRT FAC	WONG, D K
1-16	Resistance Training	68048	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-17	Sports Performance Training	68051	TuTh 8-9A	RSF FLDHOUSE	WONG, D K
Martial Arts					
CMF Fee \$15					
1-18	Taekwondo	68054	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-19	Taekwondo	68057	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-20	Taekwondo	68060	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-21	Taekwondo	68063	TuTh 8-9A	145 REC SPRT FAC	AHN, R C
1-22	Taekwondo	68066	TuTh 9-10A	145 REC SPRT	AHN, R C

1-23	Taekwondo	68069	TuTh 10-11A	FAC 145 REC SPRT FAC	AHN, R C
1-24	Taekwondo	68072	TuTh 1-2P	FAC 145 REC SPRT FAC	AHN, R C
1-25	Yongmudo/Self Defense	68075	TuTh 3-4P	FAC 145 REC SPRT FAC	AHN, R C
1-26	Judo	68078	TuTh 2-3P	FAC 145 REC SPRT FAC	AHN, R C
Tennis		CMF Fee \$15			
1-27	Tennis	68081	MW 10-11A	CHANNING CTS	MORRIS, R A
Volleyball		CMF Fee \$15			
1-28	Volleyball	68084	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J

Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
2-1	Swimming	68087	MW 10-11A	HEARST POOL	SCOTT, M K
2-2	Swimming	68090	TuTh 1-2P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15			
2-3	Basketball	68093	MW 11-12P	RSF FLDHOUSE	RORK, L H
Dance		CMF Fee \$15			
2-4	Ballet	68096	M 12-2P	230 HEARST GYM	LI-JUE, S Y
2-5	Ballet	68099	W 12-2P	230 HEARST GYM	LI-JUE, S Y
2-6	Jazz Dance	68102	Tu 12-2P	230 HEARST GYM	BRITTON, J E
2-7	Jazz Dance	68105	F 10-12P	230 HEARST GYM	BRITTON, J E
Fitness		CMF Fee \$15			
2-8	Stretch, Strength, and Alignment	68108	MW 10-11A	230 HEARST GYM	LI-JUE, S Y
2-9	Yoga-Vinyasa	68111	MW 12-1P	251 HEARST GYM	MAR, T L
Martial Arts		CMF Fee \$15			
2-10	Taekwondo	68114	MW 12-1P	FAC 145 REC SPRT FAC	AHN, R C
2-11	Taekwondo	68117	TuTh 12-1P	FAC 145 REC SPRT FAC	AHN, R C
Tennis		CMF Fee \$15			
2-12	Tennis	68120	MW 11-12P	CHANNING CTS	MORRIS, R A
Volleyball		CMF Fee \$15			
2-13	Volleyball	68123	Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J

Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
3-1	Swimming	68126	TuTh 11-12P	HEARST POOL	STEFKE, E J

3-2	Swimming	68129TuTh 2-3P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15		
3-3	Basketball	68132MW 10-11A	RSF FLDHOUSE	RORK, L H
3-4	Basketball	68135MW 12-1P	RSF FLDHOUSE	RORK, L H
Dance		CMF Fee \$15		
3-5	Ballet	68138Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
Tennis		CMF Fee \$15		
3-6	Tennis	68141M 12-2P	CHANNING CTS	MORRIS, R A
3-7	Tennis	68144W 12-2P	CHANNING CTS	MORRIS, R A
Volleyball		CMF Fee \$15		
3-8	Volleyball	68147Tu 10-12P	RSF FLDHOUSE	CARAWAY, W J
3-9	Volleyball	68150Th 10-12P	RSF FLDHOUSE	CARAWAY, W J

High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
4-1	Swimming	68153TuTh 10-11A	HEARST POOL	STEFKE, E J	
4-2	Swimming	68156TuTh 3-4P	HEARST POOL	STEFKE, E J	
Basketball		CMF Fee \$15			
4-3	Basketball	68159MW 1-2P	RSF FLDHOUSE	RORK, L H	
Tennis		CMF Fee \$15			
4-4	Tennis	68162Tu 10-12P	CHANNING CTS	MORRIS, R A	
Volleyball		CMF Fee \$15			
4-5	Volleyball	68165Th 12-2P	RSF FLDHOUSE	CARAWAY, W J	

Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
PE 32					
32-1	Fitness for Life: Physical Adaptations to Exercise	68330M-10-11A	242 HEARST GYM	JOHANNESSEN, S	
32-101	Fitness for Life: Physical Adaptations to Exercise	68332W-9-12P	188 HEARST GYM	JOHANNESSEN, S	
32-102	Fitness for Life: Physical Adaptations to Exercise	68348W-1-4P	188 HEARST GYM	JOHANNESSEN, S	
PE 197					
197-1	Field Study in Physical Education	68336UNSCHE-	NO FACILITY	SCOTT, M K	
197-2	Field Study in Physical Education	68339UNSCHE-	NO FACILITY	SCOTT, M K	
SCUBA					
C407-1	Intro to Scientific Diving (CL w/ IB C407)	68342Tu-4-6P	188 HEARST GYM	HAYWARD, J M	
C407-101	Intro to Scientific Diving (CL w/ IB C407)	68345W-7-9P	SPIEKER POOL	HAYWARD, J M	

DeCal

<i>Class Lev /</i>	<i>Class Day and Class</i>	<i>Class</i>
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Sec	Activity	CCN	Time	Location	Instructor
DeCal					
98-1	Directed Group Study - Swing Dancing	68335	Tu 630-830P	234 HEARST GYM	BRITTON, J E
98-2	Directed Group Study - WheelChair Basketball	68351	F 9-1030A	RSF FLDHOUSE	RORK, L H
98-3	Directed Group Study - Sports Medicine	68354	W 4-6P	TBA	JOHANNESSEN, S
198-1	Directed Group Study - Swing Dancing	68341	Tu 630-830P	234 HEARST GYM	BRITTON, J E
198-2	Directed Group Study - WheelChair Basketball	68357	F 9-1030A	RSF FLDHOUSE	RORK, L H
198-3	Directed Group Study - Sports Medicine	68360	W 4-6P	TBA	JOHANNESSEN, S