

## Fall 2014 Physical Education Classes

<b>Elementary Activities</b>						
<b><i>Class Lev / Sec</i></b>	<b><i>Activity</i></b>	<b><i>CCN</i></b>	<b><i>Units</i></b>	<b><i>Class Day and Time</i></b>	<b><i>Class Location</i></b>	<b><i>Class Instructor</i></b>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
1-1	Swimming	67803	0.5	MW 1-2P	HEARST POOL	STEFKE, E J
1-2	Swimming	67806	0.5	TuTh 11-12P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
1-3	Basketball	67809	0.5	MW 9-10A	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
1-4	Ballet	67812	0.5	M 12-2P	230 HEARST GYM	LI-JUE, S Y
1-5	Ballet	67815	0.5	W 12-2P	230 HEARST GYM	LI-JUE, S Y
1-6	Jazz Dance	67818	0.5	Tu 4-6P	230 HEARST GYM	BRITTON, J E
1-7	Jazz Dance	67821	0.5	W 11-1P	234 HEARST GYM	BRITTON, J E
1-8	Modern Dance	67824	0.5	M 4-6P	230 HEARST GYM	LI-JUE, S Y
1-9	Tap Dance	67827	0.5	Tu 3-5P	234 HEARST GYM	LI-JUE, S Y
<b>Fitness</b>		<b>CMF Fee \$15</b>				
1-10	Aerobic Circuit Training	67830	0.5	MW 8-9A	251 HEARST GYM	JOHANNESSEN, S
1-11	Aerobic Circuit Training	67833	0.5	MW 9-10A	251 HEARST GYM	JOHANNESSEN, S
1-12	Aerobic Circuit Training	67836	0.5	MW 10-11A	251 HEARST GYM	JOHANNESSEN, S
1-13	Aerobic Circuit Training	67839	0.5	MW 11-12P	251 HEARST GYM	JOHANNESSEN, S
1-14	Aerobic Conditioning	67842	0.5	MW 10-11A	234 HEARST GYM	MAR, T L
1-15	Core Conditioning	67845	0.5	MW 9-10A	234 HEARST GYM	MAR, T L
1-16	Core Conditioning	67848	0.5	TuTh 9-10A	234 HEARST GYM	MAR, T L
1-17	Stretch, Strength, and	67851	0.5	Th 10-12P	230 HEARST	LI-JUE, S Y

	Alignment				GYM	
1-18	Yoga-Vinyasa	67854	0.5	MW 12-1P	251 HEARST GYM	MAR, T L
1-19	Yoga-Vinyasa	67857	0.5	TuTh 11-12P	251 HEARST GYM	MAR, T L
1-20	Yoga-Gentle/Restorative	67860	0.5	Tu 1-3P	251 HEARST GYM	BRITTON, J E
1-21	Yoga-Gentle/Restorative	67863	0.5	Th 1-3P	251 HEARST GYM	BRITTON, J E
1-22	Yoga-Gentle/Restorative	67866	0.5	F 1-3P	251 HEARST GYM	BRITTON, J E
1-23	Yoga-Sport Conditioning	67869	0.5	TuTh 10-11A	251 HEARST GYM	MAR, T L
1-24	Yoga-Hatha	67872	0.5	F 10-12P	251 HEARST GYM	BRITTON, J E
1-25	Circuit Weight Training	67875	0.5	MW 9-10A	125E REC SPRT FAC	WONG, D K
1-26	Circuit Weight Training	67878	0.5	MW 10-11A	125E REC SPRT FAC	WONG, D K
1-27	Circuit Weight Training	67881	0.5	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-28	Circuit Weight Training	67884	0.5	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-29	Resistance Training	67887	0.5	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-30	Resistance Training	67890	0.5	TuTh 12-1P	125E REC SPRT FAC	WONG, D K
1-31	Sports Performance Training	67893	0.5	TuTh 2-3P	RSF FLDHOUSE	WONG, D K
1-32	Interval Sports Conditioning	67896	0.5	F 10-12P	RSF FLDHOUSE	WONG, D K
<b>Martial Arts</b>		<b>CMF Fee \$15</b>				
1-33	Taekwondo	67899	0.5	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-34	Taekwondo	67902	0.5	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-35	Taekwondo	67905	0.5	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-36	Taekwondo	67908	0.5	MW 1-2P	145 REC SPRT FAC	AHN, R C
1-37	Taekwondo	67911	0.5	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-38	Taekwondo	67914	0.5	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-39	Yongmudo/Self-Defense	67917	0.5	TuTh 11-12P	145 REC SPRT FAC	AHN, R C

1-40	Yongmudo/Self-Defense	67920	0.5	TuTh 12-1P	145 REC SPRT FAC	AHN, R C
1-41	Judo	67923	0.5	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-42	Judo	67926	0.5	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
<b>Tennis</b>		<b>CMF Fee \$15</b>				
1-43	Tennis	67929	0.5	MW 9-10A	HEARSTGYMCTS	MORRIS, R A
1-44	Tennis	67932	0.5	MW 11-12P	HEARSTGYMCTS	MORRIS, R A
1-45	Tennis	67935	0.5	TuTh 9-10A	HEARSTGYMCTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
1-46	Volleyball	67938	0.5	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J
<b>Low Intermediate Activities</b>						
<b><i>Class Lev / Sec</i></b>	<b><i>Activity</i></b>	<b><i>CCN</i></b>	<b><i>Units</i></b>	<b><i>Class Day and Time</i></b>	<b><i>Class Location</i></b>	<b><i>Class Instructor</i></b>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
2-1	Swimming	67941	0.5	MW 11-12P	HEARST POOL	STEFKE, E J
2-2	Swimming	67944	0.5	TuTh 10-11A	HEARST POOL	STEFKE, E J
2-3	Swimming	67947	0.5	TuTh 1-2P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
2-4	Basketball	67950	0.5	MW 8-9A	RSF FLDHOUSE	RORK, L H
2-5	Basketball	67953	0.5	MW 11-12P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
2-6	Ballet	67956	0.5	Tu 12-2P	230 HEARST GYM	LI-JUE, S Y
2-7	Ballet	67959	0.5	W 10-12P	230 HEARST GYM	LI-JUE, S Y
2-8	Jazz Dance	67962	0.5	W 2-4P	230 HEARST GYM	BRITTON, J E
2-9	Modern Dance	67965	0.5	Th 12-2P	230 HEARST GYM	LI-JUE, S Y
<b>Fitness</b>		<b>CMF Fee \$15</b>				
2-10	Core Conditioning	67968	0.5	TuTh 8-9A	234 HEARST GYM	MAR, T L
2-11	Stretch, Strength, and	67971	0.5	Tu 10-12P	230 HEARST	LI-JUE, S Y

	Alignment				GYM	
2-12	Yoga-Vinyasa	67974	0.5	MW 1-2P	251 HEARST GYM	MAR, T L
2-13	Yoga-Vinyasa	67977	0.5	TuTh 12-1P	251 HEARST GYM	MAR, T L
2-14	Yoga-Sports Conditioning	67980	0.5	MW 8-9A	234 HEARST GYM	MAR, T L
<b>Martial Arts</b>		<b>CMF Fee \$15</b>				
2-15	Taekwondo	67983	0.5	MW 12-1P	145 REC SPRT FAC	AHN, R C
<b>Tennis</b>		<b>CMF Fee \$15</b>				
2-16	Tennis	67986	0.5	MW 10-11A	HEARSTGYMCTS	MORRIS, R A
2-17	Tennis	67989	0.5	MW 12-1P	HEARSTGYMCTS	MORRIS, R A
2-18	Tennis	67992	0.5	TuTh 10-11A	HEARSTGYMCTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
2-19	Volleyball	67995	0.5	TuTh 10-11A	RSF FLDHOUSE	CARAWAY, W J
2-20	Volleyball	67998	0.5	TuTh 11-12P	RSF FLDHOUSE	CARAWAY, W J
<b>Intermediate Activities</b>						
<b><i>Class Lev / Sec</i></b>	<b><i>Activity</i></b>	<b><i>CCN</i></b>	<b><i>Units</i></b>	<b><i>Class Day and Time</i></b>	<b><i>Class Location</i></b>	<b><i>Class Instructor</i></b>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
3-1	Swimming	68001	0.5	MW 10-11A	HEARST POOL	STEFKE, E J
3-2	Swimming	68004	0.5	MW 2-3P	HEARST POOL	STEFKE, E J
3-3	Swimming	68007	0.5	TuTh 2-3P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
3-4	Basketball	68010	0.5	MW 10-11A	RSF FLDHOUSE	RORK, L H
3-5	Basketball	68013	0.5	MW 12-1P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>				
3-6	Ballet	68016	0.5	M 10-12P	230 HEARST GYM	LI-JUE, S Y
3-7	Lyrical Jazz	68019	0.5	Th 4-6P	230 HEARST GYM	BRITTON, J E
<b>Fitness</b>		<b>CMF Fee \$15</b>				
3-8	Yoga-Vinyasa	68022	0.5	MW 2-3P	251 HEARST GYM	MAR, T L

<b>Tennis</b>		<b>CMF Fee \$15</b>				
3-9	Tennis	68025	0.5	M 1-3P	HEARSTGYMCTS	MORRIS, R A
3-10	Tennis	68028	0.5	Tu 11-1P	HEARSTGYMCTS	RORK, L H
3-11	Tennis	68031	0.5	F 9-11A	HEARSTGYMCTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
3-12	Volleyball	68034	0.5	Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J
<b>High Intermediate Activities</b>						
<b><i>Class Lev / Sec</i></b>	<b><i>Activity</i></b>	<b><i>CCN</i></b>	<b><i>Units</i></b>	<b><i>Class Day and Time</i></b>	<b><i>Class Location</i></b>	<b><i>Class Instructor</i></b>
<b>Aquatics</b>		<b>CMF Fee \$15</b>				
4-1	Swimming	68037	0.5	MW 9-10A	HEARST POOL	STEFKE, E J
4-2	Swimming	68040	0.5	MW 3-4P	HEARST POOL	STEFKE, E J
4-3	Swimming	68043	0.5	TuTh 3-4P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>				
4-4	Basketball	68046	0.5	MW 1-2P	RSF FLDHOUSE	RORK, L H
<b>Tennis</b>		<b>CMF Fee \$15</b>				
4-5	Tennis	68049	0.5	W 1-3P	HEARSTGYMCTS	MORRIS, R A
4-6	Tennis	68052	0.5	Th 11-1P	HEARSTGYMCTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
4-7	Volleyball	68055	0.5	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J
<b>Advanced Activities</b>						
<b><i>Class Lev / Sec</i></b>	<b><i>Activity</i></b>	<b><i>CCN</i></b>	<b><i>Units</i></b>	<b><i>Class Day and Time</i></b>	<b><i>Class Location</i></b>	<b><i>Class Instructor</i></b>
<b>Dance</b>		<b>CMF Fee \$15</b>				
5-1	Technique and Performance	68058	0.5	W 4-6P	230 HEARST GYM	LI-JUE, S Y
<b>Volleyball</b>		<b>CMF Fee \$15</b>				
5-2	Setting Skills	68061	0.5	MW 12-1P	220 HEARST GYM	CARAWAY, W J
<b>Lecture Courses</b>						
<b><i>Class Lev / Sec</i></b>	<b><i>Activity</i></b>	<b><i>CCN</i></b>	<b><i>Units</i></b>	<b><i>Class Day and Time</i></b>	<b><i>Class Location</i></b>	<b><i>Class Instructor</i></b>
<b>PE 32</b>						
32-1	Lec - Fitness for Life: Physical Adaptations to Exercise	68220	2	Tu 8-930A	126 BARROWS	JOHANNESSEN, S
32-101	Lab - Fitness for Life: Physical Adaptations to Exercise	68223		Tu 10-12P	188 HEARST GYM	JOHANNESSEN, S

32-102	Lab - Fitness for Life: Physical Adaptations to Exercise	68226		W 1-3P	188 HEARST GYM	JOHANNESSEN, S
32-103	Lab - Fitness for Life: Physical Adaptations to Exercise	68229		Th 8-10A	188 HEARST GYM	JOHANNESSEN, S
32-104	Lab - Fitness for Life: Physical Adaptations to Exercise	68232		Th 10-12P	188 HEARST GYM	JOHANNESSEN, S
<b>PE 47B</b>		<b>CMF Fee \$142</b>				
47B-1	Lec - Intermediate Scuba Diving	68235	2	Tu 4-6P	188 HEARST GYM	HAYWARD, J M
47B-1	Lab - Intermediate Scuba Diving	68238		W 7-9P	SPIEKER POOL	HAYWARD, J M
<b>PE C165</b>						
C165-1	Lec - Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	68241	4	MWF 10-11A	242 HEARST GYM	SCOTT, M K
C165-101	Lab - Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	68244		MWF 11-12P	242 HEARST GYM	SCOTT, M K
<b>PE 197</b>						
197-1	Field Study in Physical Education	68247		UNSCHED	NO FACILITY	SCOTT, M K
197-2	Field Study in Physical Education	68250		UNSCHED	NO FACILITY	SCOTT, M K