

Archived

Fall 2013 Physical Education Classes

Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics						
1-1	Swimming	680030.5	0.5	MW 1-2P	HEARST POOL	STEFKE, E J
1-2	Swimming	680060.5	0.5	TuTh 11-12P	HEARST POOL	STEFKE, E J
Basketball						
1-3	Basketball	680090.5	0.5	MW 10-11A	RSF FLDHOUSE	RORK, L H
Dance						
1-4	Ballet	680120.5	0.5	Tu 12-2P	230 HEARST GYM	LI-JUE, S Y
1-5	Ballet	680150.5	0.5	W 12-2P	230 HEARST GYM	LI-JUE, S Y
1-6	Jazz Dance	680180.5	0.5	Tu 4-6P	230 HEARST GYM	BRITTON, J E
1-7	Jazz Dance	680210.5	0.5	Th 11-1P	234 HEARST GYM	BRITTON, J E
1-8	Modern Dance	680240.5	0.5	Th 12-2P	230 HEARST GYM	LI-JUE, S Y
1-9	Tap Dance	680270.5	0.5	Tu 3-5P	234 HEARST GYM	LI-JUE, S Y
Fitness						
1-10	Aerobic Circuit Training	680300.5	0.5	MW 8-9A	251 HEARST GYM	JOHANNESSEN, S
1-11	Aerobic Circuit Training	680330.5	0.5	MW 9-10A	251 HEARST GYM	JOHANNESSEN, S
1-12	Aerobic Circuit Training	680360.5	0.5	MW 10-11A	251 HEARST GYM	JOHANNESSEN, S
1-13	Aerobic Conditioning	680390.5	0.5	MW 10-11A	234 HEARST GYM	MAR, T L
1-14	Core Conditioning	680420.5	0.5	MW 9-10A	234 HEARST GYM	MAR, T L
1-15	Core Conditioning	680450.5	0.5	TuTh 9-10A	234 HEARST GYM	MAR, T L
1-16	Stretch, Strength, and Alignment	680480.5	0.5	Th 10-12P	230 HEARST GYM	LI-JUE, S Y
1-17	Yoga-Vinyasa	680510.5	0.5	MW 12-1P	251 HEARST GYM	MAR, T L
1-18	Yoga-Gentle/Restorative	680540.5	0.5	Tu 1-3P	251 HEARST GYM	BRITTON, J E
1-19	Yoga-Vinyasa	680570.5	0.5	TuTh 10-11A	251 HEARST GYM	MAR, T L
1-20	Yoga-Sport Conditioning	680600.5	0.5	TuTh 11-12P	251 HEARST GYM	MAR, T L
1-21	Yoga-Gentle/Restorative	680630.5	0.5	Th 1-3P	251 HEARST GYM	BRITTON, J E

1-22	Yoga-Gentle/Restorative	680660.5	F 10-12P	GYM	BRITTON, J E
1-23	Circuit Weight Training	680690.5	MW 9-10A	125E REC SPRT FAC	WONG, D K
1-24	Circuit Weight Training	680720.5	MW 10-11A	125E REC SPRT FAC	WONG, D K
1-25	Circuit Weight Training	680750.5	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-26	Circuit Weight Training	680780.5	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-27	Resistance Training	680810.5	MW 8-9A	125E REC SPRT FAC	MAR, T L
1-28	Resistance Training	680840.5	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-29	Resistance Training	680870.5	MW 12-1P	125E REC SPRT FAC	WONG, D K
1-30	Resistance Training	680900.5	TuTh 12-1P	125E REC SPRT FAC	WONG, D K
1-31	Sports Performance Training	680930.5	TuTh 2-3P	RSF FLDHOUSE	WONG, D K
1-32	Interval Sports Conditioning	680960.5	F 10-12P	RSF FLDHOUSE	WONG, D K
Martial Arts		CMF Fee \$15			
1-33	Taekwondo	680990.5	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-34	Taekwondo	681020.5	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-35	Taekwondo	681050.5	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-36	Taekwondo	681080.5	MW 1-2P	145 REC SPRT FAC	AHN, R C
1-37	Taekwondo	681110.5	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-38	Taekwondo	681140.5	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
1-39	Yongmudo/Self-Defense	681170.5	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-40	Yongmudo/Self-Defense	681200.5	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-41	Judo	681230.5	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
Tennis		CMF Fee \$15			
1-42	Tennis	681260.5	MW 9-10A	HEARSTGYMCTSMORRIS, R A	
1-43	Tennis	681290.5	MW 11-12P	HEARSTGYMCTSMORRIS, R A	
1-44	Tennis	681320.5	TuTh 9-10A	HEARSTGYMCTSRORK, L H	
Volleyball		CMF Fee \$15			
1-45	Volleyball	681350.5	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J
Low Intermediate Activities					
Class				Class	
Lev /	Activity	CCN	Units	Day and	Class Location
Sec			Time		Class
					Instructor
Aquatics		CMF Fee \$15			
2-1	Swimming	681380.5	MW 11-	HEARST POOL	STEFKE, E J

2-2	Swimming	681410.5	12P TuTh 10-11A	HEARST POOL	STEFKE, E J
2-3	Swimming	681440.5	TuTh 2-3P	HEARST POOL	STEFKE, E J
Basketball					
2-4	Basketball	681470.5	MW 11-12P	RSF FLDHOUSE	RORK, L H
Dance					
2-5	Ballet	681500.5	M 12-2P	230 HEARST GYM	LI-JUE, S Y
2-6	Ballet	681530.5	W 10-12P	230 HEARST GYM	LI-JUE, S Y
2-7	Jazz Dance	681560.5	W 1-3P	234 HEARST GYM	BRITTON, J E
2-8	Jazz Dance	681590.5	F 1-3P	230 HEARST GYM	BRITTON, J E
2-9	Tap Dance	681620.5	W 3-5P	234 HEARST GYM	LI-JUE, S Y
Fitness					
2-10	Core Conditioning	681650.5	TuTh 8-9A	234 HEARST GYM	MAR, T L
2-11	Stretch, Strength, and Alignment	681680.5	Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
2-12	Yoga-Vinyasa	681710.5	MW 1-2P	251 HEARST GYM	MAR, T L
2-13	Yoga-Vinyasa	681740.5	TuTh 12-1P	251 HEARST GYM	MAR, T L
Martial Arts					
2-14	Taekwondo	681770.5	MW 12-1P	145 REC SPRT FAC	AHN, R C
Tennis					
2-15	Tennis	681800.5	MW 10-11A	HEARSTGYMCTSMORRIS,	R A
2-16	Tennis	681830.5	MW 12-1P	HEARSTGYMCTSMORRIS,	R A
2-17	Tennis	681860.5	TuTh 10-11A	HEARSTGYMCTSRORK,	L H
Volleyball					
2-18	Volleyball	681890.5	TuTh 10-11A	RSF FLDHOUSE	CARAWAY, W J
2-19	Volleyball	681920.5	TuTh 11-12P	RSF FLDHOUSE	CARAWAY, W J

Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics					
3-1	Swimming	681950.5	MW 10-11A	HEARST POOL	STEFKE, E J
3-2	Swimming	681980.5	MW 2-3P	HEARST POOL	STEFKE, E J
3-3	Swimming	682010.5	TuTh 1-2P	HEARST POOL	STEFKE, E J
Basketball					
3-4	Basketball	682040.5	MW 8-9A	RSF FLDHOUSE	RORK, L H
3-5	Basketball	682070.5	MW 12-1P	RSF FLDHOUSE	RORK, L H
Dance					
CMF Fee \$15					

3-6	Ballet	682100.5	M 10-12P	230 HEARST GYM	LI-JUE, S Y
3-7	Lyrical Jazz	682130.5	Th 4-6P	230 HEARST GYM	BRITTON, J E
Fitness		CMF Fee \$15			
3-8	Yoga-Vinyasa	682160.5	MW 2-3P	251 HEARST GYM	MAR, T L
Martial Arts		CMF Fee \$15			
3-9	Taekwondo	682190.5	TuTh 11-12P	145 REC SPRT FAC	AHN, R C
Tennis		CMF Fee \$15			
3-10	Tennis	682220.5	M 1-3P	HEARSTGYMCTSMORRIS, R A	
3-11	Tennis	682250.5	Tu 12-2P	HEARSTGYMCTSRORK, L H	
3-12	Tennis	682280.5	TuTh 11-12P	HEARSTGYMCTSRORK, L H	
Volleyball		CMF Fee \$15			
3-13	Volleyball	682310.5	Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J

High Intermediate Activities

<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>
<i>Lev / Activity</i>	<i>CCN</i>	<i>UnitsDay and</i>	<i>Class Location</i>	<i>Class</i>	<i>Instructor</i>
<i>Sec</i>		<i>Time</i>		<i>Instructor</i>	
Aquatics		CMF Fee \$15			
4-1	Swimming	682340.5	MW 9-10A	HEARST POOL	STEFKE, E J
4-2	Swimming	682370.5	MW 3-4P	HEARST POOL	STEFKE, E J
4-3	Swimming	682400.5	TuTh 3-4P	HEARST POOL	STEFKE, E J
Basketball		CMF Fee \$15			
4-4	Basketball	682430.5	MW 9-10A	RSF FLDHOUSE	RORK, L H
4-5	Basketball	682460.5	MW 1-2P	RSF FLDHOUSE	RORK, L H
Tennis		CMF Fee \$15			
4-6	Tennis	682490.5	W 1-3P	HEARSTGYMCTSMORRIS, R A	
4-7	Tennis	682520.5	Th 12-2P	HEARSTGYMCTSRORK, L H	
Volleyball		CMF Fee \$15			
4-8	Volleyball	682550.5	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

Advanced Activities

<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>
<i>Lev / Activity</i>	<i>CCN</i>	<i>UnitsDay and</i>	<i>Class Location</i>	<i>Class</i>	<i>Instructor</i>
<i>Sec</i>		<i>Time</i>		<i>Instructor</i>	
Dance		CMF Fee \$15			
5-1	Technique and Performance	682580.5	M 4-6P	230 HEARST GYM	LI-JUE, S Y
5-2	Technique and Performance	682610.5	W 4-6P	230 HEARST GYM	BRITTON, J E
Volleyball		CMF Fee \$15			
5-3	Setting Skills	682640.5	TuTh 8-9A	RSF FLDHOUSE	CARAWAY, W J

Lecture Courses

<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>	<i>Class</i>
<i>Lev / Activity</i>	<i>CCN</i>	<i>UnitsDay and</i>	<i>Class Location</i>	<i>Class</i>	<i>Instructor</i>
<i>Sec</i>		<i>Time</i>		<i>Instructor</i>	
PE 32					
32-1	Lec - Fitness for Life: Physical Adaptations to Exercise	684232	Tu 8-930A	166 BARROWS	JOHANNESSEN, S
32-101	Lab - Fitness for Life: Physical Adaptations to Exercise	68426	Tu 10-12P	188 HEARST GYM	JOHANNESSEN, S

32-102	Lab - Fitness for Life: Physical Adaptations to Exercise	68429	W 1-3P	188 HEARST GYM	JOHANNESSEN, S	
32-103	Lab - Fitness for Life: Physical Adaptations to Exercise	68432	Th 8-10A	188 HEARST GYM	JOHANNESSEN, S	
32-104	Lab - Fitness for Life: Physical Adaptations to Exercise	68435	Th 10-12P	188 HEARST GYM	JOHANNESSEN, S	
PE C165						
C165-1	Lec - Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	684384	MWF 10-11A	242 HEARST GYM	SCOTT, M K	
C165-101	Lab - Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	68441	MWF 11-12P	242 HEARST GYM	SCOTT, M K	
PE 197						
197-1	Field Study in Physical Education	SEE DEPT	1-3	TBA	TBA	SCOTT, M K
197-1	Field Study in Physical Education	SEE DEPT	1-3	TBA	TBA	SCOTT, M K