

Archived

Fall 2012 Physical Education Classes

Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Day and Class Time</i>	<i>Location</i>	<i>Class Instructor</i>
Aquatics						
1-1	Swimming	680030.5	30.5	MW 1-2P	HEARST POOL	STEFKE, E J
1-2	Swimming	680060.5	60.5	TuTh 11-12P	HEARST POOL	STEFKE, E J
Basketball						
1-3	Basketball	680090.5	90.5	MW 9-10A	RSF FLDHOUSE	RORK, L H
Dance						
1-4	Ballet	680120.5	120.5	M 10-12P	230 HEARST GYM	LI-JUE, S Y
1-5	Ballet	680150.5	150.5	Tu 12-2P	230 HEARST GYM	LI-JUE, S Y
1-6	Jazz Dance	680180.5	180.5	Tu 4-6P	230 HEARST GYM	BRITTON, J E
1-7	Jazz Dance	680210.5	210.5	Th 4-6P	230 HEARST GYM	BRITTON, J E
1-8	Tap Dance	680240.5	240.5	Th 1-3P	234 HEARST GYM	LI-JUE, S Y
Fitness						
1-9	Aerobic Circuit Training	680270.5	270.5	MW 8-9A	251 HEARST GYM	JOHANNESSEN, S
1-10	Aerobic Conditioning	680300.5	300.5	MW 10-11A	234 HEARST GYM	MAR, T L
1-11	Core Conditioning	680330.5	330.5	MW 9-10A	234 HEARST GYM	MAR, T L
1-12	Core Conditioning	680360.5	360.5	TuTh 11-12P	234 HEARST GYM	MAR, T L
1-13	Stretch, Strength, and Alignment	680390.5	390.5	Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
1-14	Yoga-Vinyasa	680420.5	420.5	MW 12-1P	251 HEARST GYM	MAR, T L
1-15	Yoga-Gentle/Restorative	680450.5	450.5	Tu 1-3P	251 HEARST GYM	BRITTON, J E
1-16	Yoga-Vinyasa	680480.5	480.5	TuTh 8-9A	251 HEARST GYM	MAR, T L
1-17	Yoga-Gentle/Restorative	680510.5	510.5	Th 1-3P	251 HEARST GYM	BRITTON, J E
1-18	Yoga-Gentle/Restorative	680540.5	540.5	F 10-12P	251 HEARST GYM	BRITTON, J E
1-19	Circuit Weight Training	680570.5	570.5	MW 9-10A	125E REC SPRT FAC	WONG, D K
1-20	Circuit Weight Training	680600.5	600.5	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-21	Resistance Training	680630.5	630.5	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
				MW 10-	125E REC SPRT	

1-22	Resistance Training	680660.5	11A	FAC	WONG, D K
1-23	Resistance Training	680690.5	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-24	Resistance Training	680720.5	TuTh 12-1P	125E REC SPRT FAC	WONG, D K
1-25	Sports Performance Training	680750.5	TuTh 2-3P	RSF FLDHOUSE	WONG, D K

Martial Arts

CMF Fee \$15

1-26	Taekwondo	680780.5	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-27	Taekwondo	680810.5	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-28	Taekwondo	680840.5	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-29	Taekwondo	680870.5	MW 1-2P	145 REC SPRT FAC	AHN, R C
1-30	Taekwondo	680900.5	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-31	Taekwondo	680930.5	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-32	Yongmudo/Self Defense	680960.5	TuTh 12-1P	145 REC SPRT FAC	AHN, R C
1-33	Judo	680990.5	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-34	Judo	681020.5	TuTh 10-11A	145 REC SPRT FAC	AHN, R C

Tennis

CMF Fee \$15

1-35	Tennis	681050.5	MW 9-10A	HEARSTGYMCTS	MORRIS, R A
1-36	Tennis	681080.5	MW 11-12P	HEARSTGYMCTS	MORRIS, R A

Volleyball

CMF Fee \$15

1-37	Volleyball	681110.5	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J
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Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics						
2-1	Swimming	681200.5	MW	11-12P	HEARST POOL	STEFKE, E J
2-2	Swimming	681230.5	TuTh	10-11A	HEARST POOL	STEFKE, E J
Basketball						
2-3	Basketball	681260.5	MW	11-12P	RSF FLDHOUSE	RORK, L H
Dance						
2-4	Ballet	681290.5	M	12-2P	230 HEARST GYM	LI-JUE, S Y
2-5	Ballet	681320.5	W	12-2P	230 HEARST GYM	LI-JUE, S Y
2-6	Jazz Dance	681350.5	F	1-3P	230 HEARST GYM	BRITTON, J E

Fitness

CMF Fee \$15

2-7	Core Conditioning	681380.5	TuTh 12-1P	234 HEARST GYM	MAR, T L
2-8	Stretch, Strength, and Alignment	681410.5	Th 10-12P	230 HEARST GYM	LI-JUE, S Y
2-9	Yoga-Vinyasa	681440.5	MW 1-2P	251 HEARST GYM	MAR, T L
2-10	Yoga-Vinyasa	681470.5	TuTh 9-10A	251 HEARST GYM	MAR, T L
Martial Arts			CMF Fee \$15		
2-11	Taekwondo	681500.5	MW 12-1P	145 REC SPRT FAC	AHN, R C
2-12	Taekwondo	681530.5	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
Tennis			CMF Fee \$15		
2-13	Tennis	681560.5	MW 10-11A	HEARSTGYMCTS	MORRIS, R A
2-14	Tennis	681590.5	MW 12-1P	HEARSTGYMCTS	MORRIS, R A
Volleyball			CMF Fee \$15		
2-15	Volleyball	681610.5	TuTh 10-11A	RSF FLDHOUSE	CARAWAY, W J
2-16	Volleyball	683990.5	TuTh 11-12P	RSF FLDHOUSE	CARAWAY, W J

Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics			CMF Fee \$15			
3-1	Swimming	681620.5		MW 10-11A	HEARST POOL	STEFKE, E J
3-2	Swimming	681650.5		TuTh 9-10A	HEARST POOL	STEFKE, E J
Basketball			CMF Fee \$15			
3-3	Basketball	681680.5		MW 10-11A	RSF FLDHOUSE	RORK, L H
3-4	Basketball	681710.5		MW 12-1P	RSF FLDHOUSE	RORK, L H
Dance			CMF Fee \$15			
3-5	Ballet	681740.5		W 10-12P	230 HEARST GYM	LI-JUE, S Y
3-6	Lyrical Jazz	681770.5		W 4-6P	230 HEARST GYM	BRITTON, J E
Tennis			CMF Fee \$15			
3-7	Tennis	681800.5		M 1-3P	HEARSTGYMCTS	MORRIS, R A
3-8	Tennis	681830.5		Tu 9-11A	HEARSTGYMCTS	RORK, L H
3-9	Tennis	681860.5		Tu 11-1P	HEARSTGYMCTS	RORK, L H
Volleyball			CMF Fee \$15			
3-10	Volleyball	681890.5		Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J

High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics			CMF Fee \$15			
				MW 9-		

4-1	Swimming	681950.5	10A	HEARST POOL	STEFKE, E J
4-2	Swimming	681980.5	MW 2-3P	HEARST POOL	STEFKE, E J
Basketball					
4-3	Basketball	682010.5	MW 1-2P	RSF FLDHOUSE	RORK, L H
Tennis					
4-4	Tennis	682040.5	W 1-3P	HEARSTGYMCTS	MORRIS, R A
Volleyball					
4-5	Volleyball	682070.5	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Units</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
PE 32						
◆32-1	Lec - Fitness for Life: Physical Adaptations to Exercise	683662		Tu 8-930A	20 BARROWS	JOHANNESSEN, S
◆32-101	Lab - Fitness for Life: Physical Adaptations to Exercise	68369		Tu 10-12P	188 HEARST GYM	JOHANNESSEN, S
◆32-102	Lab - Fitness for Life: Physical Adaptations to Exercise	68372		W 10-12P	188 HEARST GYM	JOHANNESSEN, S
◆32-103	Lab - Fitness for Life: Physical Adaptations to Exercise	68375		W 1-3P	188 HEARST GYM	JOHANNESSEN, S
◆32-104	Lab - Fitness for Life: Physical Adaptations to Exercise	68378		Th 8-10A	188 HEARST GYM	JOHANNESSEN, S
SCUBA						
See pe.berkeley.edu/scubadiving						
◆47A-1	Lec - Introduction to Skin and SCUBA Diving	683812		Tu 4-6P	188 HEARST GYM	HAYWARD, J M
◆47A-101	Lab - Introduction to Skin and SCUBA Diving	68384		W 7-9P	SPIEKER POOL	HAYWARD, J M
PE C165						
◆C165-1	Lec - Introduction to the Biomechanical Analysis of Human... (CL w/ IB C125)	683874		MWF 10-11A	242 HEARST GYM	SCOTT, M K
◆C165-101	Lab - Introduction to the Biomechanical Analysis of Human... (CL w/ IB C125)	68390		MWF 11-12P	242 HEARST GYM	SCOTT, M K
PE 197						
◆197-1	Field Study in Physical Education	SEE D		TBA	TBA	TBA
◆197-1	Field Study in Physical Education	SEE D		TBA	TBA	TBA