

Archived

Fall 2011 Physical Education Classes

Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
◆1-1	Swimming	68003	MW 1-2P	HEARST POOL◆◆	STEFKE, E J
◆1-2	Swimming	68006	TuTh 11-12P	HEARST POOL◆◆	STEFKE, E J
Basketball		CMF Fee \$15			
◆1-3	Basketball	68009	MW 9-10A	RSF FLDHOUSE◆◆	RORK, L H
Dance		CMF Fee \$15			
◆1-4	Ballet	68012	M 10-12P	230 HEARST GYM◆◆	LI-JUE, S Y
◆1-5	Ballet	68015	Tu 10-12P	230 HEARST GYM◆◆	LI-JUE, S Y
◆1-6	Jazz Dance	68018	Tu 4-6P	230 HEARST GYM◆◆	BRITTON, J E
◆1-7	Jazz Dance	68021	Th 4-6P	230 HEARST GYM◆◆	BRITTON, J E
◆1-8	Tap Dance	68024	Th 1-3P	234 HEARST GYM◆◆	LI-JUE, S Y
Fitness		CMF Fee \$15			
◆1-9	Aerobic Circuit Training	68027	MW 8-9A	251 HEARST GYM◆◆	JOHANNESSEN, S
◆1-10	Aerobic Circuit Training	68030	MW 9-10A	251 HEARST GYM◆◆	JOHANNESSEN, S
◆1-11	Aerobic Conditioning	68033	MW 2-3P	234 HEARST GYM◆◆	MAR, T L
◆1-12	Core Conditioning	68036	MW 9-10A	234 HEARST GYM◆◆	MAR, T L
◆1-13	Core Conditioning	68039	TuTh 10-11A	234 HEARST GYM◆◆	MAR, T L
◆1-14	Core Conditioning	68042	TuTh 11-12P	234 HEARST GYM◆◆	MAR, T L
◆1-15	Stretch, Strength, and Alignment	68045	Tu 12-2P	230 HEARST GYM◆◆	LI-JUE, S Y
◆1-16	Yoga-Vinyasa	68048	MW 11-12P	251 HEARST GYM◆◆	MAR, T L
◆1-17	Yoga-Gentle/Restorative	68051	Tu 2-4P	251 HEARST GYM◆◆	BRITTON, J E
◆1-18	Yoga-Vinyasa	68054	TuTh 9-10A	251 HEARST GYM◆◆	MAR, T L
◆1-19	Yoga-Gentle/Restorative	68057	Th 2-4P	251 HEARST GYM◆◆	BRITTON, J E
◆1-20	Yoga-Gentle/Restorative	68060	F 10-12P	251 HEARST GYM◆◆	BRITTON, J E
◆1-21	Circuit Weight Training	68063	MW 12-1P	125E REC SPRT FAC◆◆	WONG, D K
◆1-22	Circuit Weight Training	68066	TuTh 10-11A	125E REC SPRT FAC◆◆	WONG, D K
				125E REC SPRT	

◆1-23	Resistance Training	68069MW 9-10A	FAC◆◆	WONG, D K
◆1-24	Resistance Training	68072MW 10-11A	125E REC SPRT FAC◆◆	WONG, D K
◆1-25	Resistance Training	68075MW 11-12P	125E REC SPRT FAC◆◆	WONG, D K
◆1-26	Resistance Training	68078TuTh 11-12P	125E REC SPRT FAC◆◆	WONG, D K
◆1-27	Sports Performance Training	68081TuTh 8-9A	RSF FLDHOUSE◆◆	WONG, D K
Martial Arts		CMF Fee \$15		
◆1-28	Taekwondo	68084MW 9-10A	145 REC SPRT FAC◆◆	AHN, R C
◆1-29	Taekwondo	68087MW 10-11A	145 REC SPRT FAC◆◆	AHN, R C
◆1-30	Taekwondo	68090MW 11-12P	145 REC SPRT FAC◆◆	AHN, R C
◆1-31	Taekwondo	68093MW 1-2P	145 REC SPRT FAC◆◆	AHN, R C
◆1-32	Taekwondo	68096TuTh 2-3P	145 REC SPRT FAC◆◆	AHN, R C
◆1-33	Taekwondo	68099TuTh 3-4P	145 REC SPRT FAC◆◆	AHN, R C
◆1-34	Yongmudo/Self Defense	68102TuTh 12-1P	145 REC SPRT FAC◆◆	AHN, R C
◆1-35	Judo	68105TuTh 9-10A	145 REC SPRT FAC◆◆	AHN, R C
◆1-36	Judo	68108TuTh 10-11A	145 REC SPRT FAC◆◆	AHN, R C
Tennis		CMF Fee \$15		
◆1-37	Tennis	68111MW 9-10A	HEARSTGYMCTS◆◆	MORRIS, R A
◆1-38	Tennis	68114MW 11-12P	HEARSTGYMCTS◆◆	MORRIS, R A
Volleyball		CMF Fee \$15		
◆1-39	Volleyball	68117TuTh 9-10A	RSF FLDHOUSE◆◆	CARAWAY, W J

Low Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
◆2-1	Swimming	68120MW	11-12P	HEARST POOL◆◆	STEFKE, E J
◆2-2	Swimming	68123TuTh	10-11A	HEARST POOL◆◆	STEFKE, E J
Basketball		CMF Fee \$15			
◆2-3	Basketball	68126MW	11-12P	RSF FLDHOUSE◆◆	RORK, L H
Dance		CMF Fee \$15			
◆2-4	Ballet	68129M	12-2P	230 HEARST GYM◆◆	LI-JUE, S Y
◆2-5	Ballet	68132W	12-2P	230 HEARST GYM◆◆	LI-JUE, S Y
◆2-6	Jazz Dance	68135F	1-3P	230 HEARST GYM◆◆	BRITTON, J E
Fitness		CMF Fee \$15			
◆2-7	Stretch, Strength, and Alignment	68138Th	10-12P	230 HEARST GYM◆◆	LI-JUE, S Y
◆2-8	Yoga-Vinyasa	68141MW	12-1P	251 HEARST GYM◆◆	MAR, T L
Martial Arts		CMF Fee \$15			

◆2-9	Taekwondo	68144MW 12-1P	145 REC SPRT FAC◆◆	AHN, R C
◆2-10	Taekwondo	68147TuTh 1-2P	145 REC SPRT FAC◆◆	AHN, R C
Tennis		CMF Fee \$15		
◆2-11	Tennis	68150MW 10-11A	HEARSTGYMCTS◆◆	MORRIS, R A
◆2-12	Tennis	68153MW 12-1P	HEARSTGYMCTS◆◆	MORRIS, R A
Volleyball		CMF Fee \$15		
◆2-13	Volleyball	68156TuTh 10-11A	RSF FLDHOUSE◆◆	CARAWAY, W J
◆2-14	Volleyball	68159TuTh 11-12P	RSF FLDHOUSE◆◆	CARAWAY, W J

Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
◆3-1	Swimming	68162MW	10-11A	HEARST POOL◆◆	STEFKE, E J
◆3-2	Swimming	68165TuTh	9-10A	HEARST POOL◆◆	STEFKE, E J
Basketball		CMF Fee \$15			
◆3-3	Basketball	68168MW	10-11A	RSF FLDHOUSE◆◆	RORK, L H
◆3-4	Basketball	68171MW	12-1P	RSF FLDHOUSE◆◆	RORK, L H
Dance		CMF Fee \$15			
◆3-5	Ballet	68174W	10-12P	230 HEARST GYM◆◆	LI-JUE, S Y
◆3-6	Lyrical Jazz	68177W	4-6P	230 HEARST GYM◆◆	BRITTON, J E
Fitness		CMF Fee \$15			
◆3-7	Yoga-Vinyasa	68180TuTh	1-2P	251 HEARST GYM◆◆	MAR, T L
Tennis		CMF Fee \$15			
◆3-8	Tennis	68183M	1-3P	HEARSTGYMCTS◆◆	MORRIS, R A
◆3-9	Tennis	68186Tu	9-11A	HEARSTGYMCTS◆◆	RORK, L H
◆3-10	Tennis	68189Tu	11-1P	HEARSTGYMCTS◆◆	RORK, L H
Volleyball		CMF Fee \$15			
◆3-11	Volleyball	68192Tu	12-2P	RSF FLDHOUSE◆◆	CARAWAY, W J

High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
Aquatics		CMF Fee \$15			
◆4-1	Swimming	68195MW	9-10A	HEARST POOL◆◆	STEFKE, E J
◆4-2	Swimming	68198MW	2-3P	HEARST POOL◆◆	STEFKE, E J
Basketball		CMF Fee \$15			
◆4-3	Basketball	68201MW	1-2P	RSF FLDHOUSE◆◆	RORK, L H
Tennis		CMF Fee \$15			
◆4-4	Tennis	68204W	1-3P	HEARSTGYMCTS◆◆	MORRIS, R A
Volleyball		CMF Fee \$15			
◆4-5	Volleyball	68207Th	12-2P	RSF FLDHOUSE◆◆	CARAWAY, W J

Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
◆32-1	Fitness for Life: Physical Adaptations to Exercise	68366Tu	8-930A	166 BARROWS◆◆	JOHANNESSEN, S

◆32-101	Fitness for Life: Physical Adaptations to Exercise	68369Tu 10-12P	188 HEARST GYM◆◆	JOHANNESSEN, S
◆32-102	Fitness for Life: Physical Adaptations to Exercise	68372W 10-12P	188 HEARST GYM◆◆	JOHANNESSEN, S
◆32-103	Fitness for Life: Physical Adaptations to Exercise	68375W 1-3P	188 HEARST GYM◆◆	JOHANNESSEN, S
◆32-104	Fitness for Life: Physical Adaptations to Exercise	68378Th 8-10A	188 HEARST GYM◆◆	JOHANNESSEN, S

SCUBA

Important: See pe.berkeley.edu/scubadiving/ for detailed information.

◆47A-1	Introduction to Skin and SCUBA Diving	68381Tu 4-6P	188 HEARST GYM◆◆	HAYWARD, J M
◆47A-101	Introduction to Skin and SCUBA Diving	68384W 7-9P	SPIEKER POOL◆◆	HAYWARD, J M
◆47B-1	Intermediate Skin and SCUBA Diving	68387W 4-6P	188 HEARST GYM◆◆	HAYWARD, J M
◆47B-1	Intermediate Skin and SCUBA Diving	68390W 7-9P	SPIEKER POOL◆◆	HAYWARD, J M

PE C165

◆C165-1	Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	68393MWF 10-11A	242 HEARST GYM◆◆	SCOTT, M K
◆C165-101	Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	68396MWF 11-12P	242 HEARST GYM◆◆	SCOTT, M K

PE 197

◆197-1	Field Study in Physical Education	68399TBA◆◆	TBA◆◆	TBA◆◆
◆197-2	Field Study in Physical Education	68402TBA◆◆	TBA◆◆	TBA◆◆