

Archived

# Fall 2010 Physical Education Classes

## Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>					
1-1	Swimming	68003	TuTh 1-2P	HEARST POOL	STEFKE, E J
<b>Basketball</b>					
1-2	Basketball	68006	MW 9-10A	RSF FLDHOUSE	RORK, L H
<b>Dance</b>					
1-3	Ballet	68009	M 1-3P	230 HEARST GYM	LI-JUE, S Y
1-4	Ballet	68012	W 1-3P	230 HEARST GYM	LI-JUE, S Y
1-5	Jazz Dance	68015	Tu 12-2P	230 HEARST GYM	BRITTON, J E
1-6	Jazz Dance	68018	Th 12-2P	230 HEARST GYM	BRITTON, J E
<b>Fitness</b>					
1-7	Aerobic Conditioning	68021	MW 2-3P	234 HEARST GYM	MAR, T L
1-8	Core Conditioning	68024	MW 11-12P	234 HEARST GYM	MAR, T L
1-9	Core Conditioning	68027	TuTh 1-2P	234 HEARST GYM	MAR, T L
1-10	Stretch, Strength, and Alignment	68030	Tu 10-12P	230 HEARST GYM	LI-JUE, S Y
1-11	Yoga-Vinyasa	68033	MW 9-10A	251 HEARST GYM	MAR, T L
1-12	Yoga-Gentle/Restorative	68036	Tu 3-5P	251 HEARST GYM	BRITTON, J E
1-13	Yoga-Vinyasa	68039	TuTh 11-12P	251 HEARST GYM	MAR, T L
1-14	Yoga-Gentle/Restorative	68042	Th 3-5P	251 HEARST GYM	BRITTON, J E
1-15	Yoga-Gentle/Restorative	68045	F 10-12P	251 HEARST GYM	BRITTON, J E

1-16	Circuit Weight Training	68048	MW 12-1P	125E REC SPRT FAC	WONG, D K
1-17	Circuit Weight Training	68051	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-18	Resistance Training	68054	MW 9-10A	125E REC SPRT FAC	WONG, D K
1-19	Resistance Training	68057	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-20	Resistance Training	68060	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-21	Sports Performance Training	68063	TuTh 8-9A	RSF FLDHOUSE	WONG, D K

**Martial Arts**

**CMF Fee \$15**

1-22	Taekwondo	68066	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-23	Taekwondo	68069	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-24	Taekwondo	68072	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-25	Taekwondo	68075	TuTh 8-9A	145 REC SPRT FAC	AHN, R C
1-26	Taekwondo	68078	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-27	Taekwondo	68081	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
1-28	Taekwondo	68084	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
1-29	Yongmudo/SelfDefense	68087	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-30	Judo	68090	TuTh 2-3P	145 REC SPRT FAC	AHN, R C

**Tennis**

**CMF Fee \$15**

1-31	Tennis	68093	MW 9-10A	HEARST CTS	MORRIS, R A
1-32	Tennis	68096	TuTh 10-11A	HEARST CTS	RORK, L H

**Volleyball**

**CMF Fee \$15**

1-33	Volleyball	68099	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J
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**Low Intermediate Activities**

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>					
2-1	Swimming	68102	TuTh 11-12P	HEARST POOL	STEFKE, E J
<b>Basketball</b>					
2-2	Basketball	68105	MW 11-12P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>					
2-3	Ballet	68108	M 10-12P	230 HEARST GYM	LI-JUE, S Y
2-4	Ballet	68111	W 10-12P	230 HEARST	LI-JUE, S Y

2-5	Jazz Dance	68114F 1-3P	GYM 230 HEARST GYM	BRITTON, J E
<b>Fitness</b>		<b>CMF Fee \$15</b>		
2-6	Yoga-Vinyasa	68117MW 12-1P	251 HEARST GYM	MAR, T L
<b>Martial Arts</b>		<b>CMF Fee \$15</b>		
2-7	Taekwondo	68120MW 12-1P	145 REC SPRT FAC	AHN, R C
2-8	Taekwondo	68123TuTh 12-1P	145 REC SPRT FAC	AHN, R C
<b>Tennis</b>		<b>CMF Fee \$15</b>		
2-9	Tennis	68126MW 10-11A	HEARST CTS	MORRIS, R A
2-12	Tennis	68134MW 1-2P	HEARST CTS	MORRIS, R A
<b>Volleyball</b>		<b>CMF Fee \$15</b>		
2-10	Volleyball	68129Tu 10-12P	RSF FLDHOUSE	CARAWAY, W J
2-11	Volleyball	68132Th 10-12P	RSF FLDHOUSE	CARAWAY, W J

### Intermediate Activities

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<b>Aquatics</b>		<b>CMF Fee \$15</b>			
3-1	Swimming	68135	TuTh 10- 11A	HEARST POOL	STEFKE, E J
3-2	Swimming	68138	TuTh 2-3P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>			
3-3	Basketball	68141	MW 10-11A	RSF FLDHOUSE	RORK, L H
3-4	Basketball	68144	MW 12-1P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee \$15</b>			
3-5	Ballet	68147	Tu 2-4P	230 HEARST GYM	LI-JUE, S Y
<b>Tennis</b>		<b>CMF Fee \$15</b>			
3-6	Tennis	68150	M 11-1P	HEARST CTS	MORRIS, R A
3-7	Tennis	68153	W 11-1P	HEARST CTS	MORRIS, R A
<b>Volleyball</b>		<b>CMF Fee \$15</b>			
3-8	Volleyball	68156	Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J

### High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee \$15</b>			
4-1	Swimming	68159	TuTh 9-10A	HEARST POOL	STEFKE, E J

4-2	Swimming	68162	TuTh 3-4P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee \$15</b>			
4-3	Basketball	68165	MW 1-2P	RSF FLDHOUSE	RORK, L H
<b>Tennis</b>		<b>CMF Fee \$15</b>			
4-4	Tennis	68168	Tu 11-1P	HEARST CTS	RORK, L H
<b>Volleyball</b>		<b>CMF Fee \$15</b>			
4-5	Volleyball	68171	Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

### Lecture Courses

<i><b>Class Lev / Sec</b></i>	<i><b>Activity</b></i>	<i><b>CCN</b></i>	<i><b>Class Day and Time</b></i>	<i><b>Class Location</b></i>	<i><b>Class Instructor</b></i>
<b>PE 32</b>					
32-1	Fitness for Life: Physical Adatations to Exercise	68342	M 8-9A	110 BARROWS	JOHANNESSEN, S
32-101	Fitness for Life: Physical Adatations to Exercise	68345	M 10-1P	188 HEARST GYM	JOHANNESSEN, S
32-102	Fitness for Life: Physical Adatations to Exercise	68348	M 1-4P	188 HEARST GYM	JOHANNESSEN, S
32-103	Fitness for Life: Physical Adatations to Exercise	68351	W 8-11A	188 HEARST GYM	JOHANNESSEN, S
32-104	Fitness for Life: Physical Adatations to Exercise	68354	W 1-4P	188 HEARST GYM	JOHANNESSEN, S
<b>SCUBA</b>					
47A-1	Introduction to Skin and SCUBA Diving	68357	Tu 4-6P	Cancelled	
47A-101	Introduction to Skin and SCUBA Diving	68360	W 7-9P	Cancelled	
<b>PE C165</b>					
C165-1	Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	68363	MWF 10-11A	242 HEARST GYM	SCOTT, M K
C165-101	Introduction to the Biomechanical Analysis of Human...(CL w/ IB C125)	68366	MWF 11-12P	242 HEARST GYM	SCOTT, M K

### DeCal

<i><b>Class Lev / Sec</b></i>	<i><b>Activity</b></i>	<i><b>CCN</b></i>	<i><b>Class Day and Time</b></i>	<i><b>Class Location</b></i>	<i><b>Class Instructor</b></i>
<b>DeCal</b>					
98-1	Dir Grp Study - WheelChair Basketball	68362	F 9-12P	RSF FLDHOUSE	RORK, L H
98-2	Dir Grp Study - SwingCal: Creating Dance Cult Thru Soc Dancing Connections	68375	Tu 6-8P	234 HEARST GYM	BRITTON, J E
98-3	Dir Grp Study - Football 101: American Football Theory	68378	TBA	TBA	WONG, D K
198-1	Dir Grp Study - WheelChair Basketball	68381	F 9-12P	RSF FLDHOUSE	RORK, L H
198-2	Dir Grp Study - SwingCal: Creating Dance Cult	68384	Tu 6-8P	234 HEARST	BRITTON, J E

Thru Soc Dancing Connections

GYM

198-3

Dir Grp Study - Football 101: American  
Football Theory

68387TBA

TBA

WONG, D K