

Archived

# Fall 2009 Physical Education Classes

## Elementary Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>					
1-1	Swimming	68003	CANCELLED		
1-2	Swimming	68006	TuTh 1-2P	HEARST POOL	STEFKE, E J
<b>Badminton</b>					
1-3	Badminton	68009	CANCELLED		
<b>Basketball</b>					
1-4	Basketball	68012	MW 9-10A	RSF FLDHOUSE	RORK, L H
<b>Dance</b>					
1-5	Ballet	68015	M 2-4P	230 HEARST GYM	LI-JUE, S Y
1-6	Ballet	68018	W 2-4P	230 HEARST GYM	LI-JUE, S Y
1-7	Jazz Dance	68021	Tu 12-2P	230 HEARST GYM	BRITTON, J E
1-8	Jazz Dance	68024	Th 12-2P	230 HEARST GYM	BRITTON, J E
1-9	Modern Dance	68027	CANCELLED		
1-54	Tap Dance	68161	Tu 11-1P	234 HEARST GYM	LI-JUE, S Y
<b>Fitness</b>					
1-10	Aerobic Circuit Training	68030	CANCELLED		
1-11	Aerobic Circuit Training	68033	CANCELLED		
1-12	Aerobic Circuit Training	68036	CANCELLED		
1-13	Aerobic Conditioning	68039	MW 2-3P	234 HEARST GYM	MAR, T L
1-14	Aerobic Conditioning	68042	CANCELLED		
1-15	Core	68045	MW 11-12P	234 HEARST GYM	MAR, T L
1-16	Core	68048	TuTh 1-2P	234 HEARST GYM	MAR, T L
1-17	Stretch, Strength, and Alignment	68051	MW 10-11A	230 HEARST GYM	LI-JUE, S Y
1-18	Step Aerobics	68054	CANCELLED		
1-19	Yoga-Vinyasa	68057	MW 9-10A	251 HEARST GYM	MAR, T L
1-20	Yoga-Gentle/Restorative	68060	Tu 3-5P	251 HEARST GYM	BRITTON, J E
1-21	Yoga-Vinyasa	68063	TuTh 11-12P	251 HEARST GYM	MAR, T L
1-22	Yoga-Gentle/Restorative	68066	Th 3-5P	251 HEARST GYM	BRITTON, J E
1-23	Yoga-Gentle/Restorative	68069	F 10-12P	251 HEARST GYM	BRITTON, J E
1-24	Circuit Weight Training	68072	MW 12-1P	125E REC SPRT FAC	WONG, D K

1-25	Circuit Weight Training	68075	TuTh 10-11A	125E REC SPRT FAC	WONG, D K
1-26	Resistance Training	68078	CANCELLED		
1-27	Resistance Training	68081	MW 9-10A	125E REC SPRT FAC	WONG, D K
1-28	Resistance Training	68084	CANCELLED		
1-29	Resistance Training	68087	MW 11-12P	125E REC SPRT FAC	WONG, D K
1-30	Resistance Training	68090	CANCELLED		
1-31	Resistance Training	68093	TuTh 11-12P	125E REC SPRT FAC	WONG, D K
1-32	Resistance Training	68096	CANCELLED		
1-33	Sports Performance Training	68099	TuTh 8-9A	RSF FLDHOUSE	WONG, D K
<b>Martial Arts</b>		<b>CMF Fee: \$10</b>			
1-34	Taekwondo	68102	MW 9-10A	145 REC SPRT FAC	AHN, R C
1-35	Taekwondo	68105	MW 10-11A	145 REC SPRT FAC	AHN, R C
1-36	Taekwondo	68108	MW 11-12P	145 REC SPRT FAC	AHN, R C
1-37	Taekwondo	68111	TuTh 8-9A	145 REC SPRT FAC	AHN, R C
1-38	Taekwondo	68114	TuTh 9-10A	145 REC SPRT FAC	AHN, R C
1-39	Taekwondo	68117	TuTh 10-11A	145 REC SPRT FAC	AHN, R C
1-40	Taekwondo	68120	TuTh 1-2P	145 REC SPRT FAC	AHN, R C
1-41	Yongmudo/Self-Defense	68123	CANCELLED		
1-42	Yongmudo/Self-Defense	68126	CANCELLED		
1-43	Yongmudo/Self-Defense	68129	CANCELLED		
1-44	Yongmudo/Self-Defense	68132	CANCELLED		
1-45	Yongmudo/Self-Defense	68135	CANCELLED		
1-46	Yongmudo/Self-Defense	68138	TuTh 3-4P	145 REC SPRT FAC	AHN, R C
1-47	Judo	68141	TuTh 2-3P	145 REC SPRT FAC	AHN, R C
1-48	Judo	68144	CANCELLED		
1-49	Judo	68147	CANCELLED		
1-50	Kumdo	68150	CANCELLED		
<b>Tennis</b>		<b>CMF Fee: \$10</b>			
1-51	Tennis	68153	MW 9-10A	CHANNING CTS	MORRIS, R A
1-52	Tennis	68156	TuTh 10-11A	CHANNING CTS	MORRIS, R A
<b>Volleyball</b>		<b>CMF Fee: \$10</b>			
1-53	Volleyball	68159	TuTh 9-10A	RSF FLDHOUSE	CARAWAY, W J

**Low Intermediate Activities**

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee: \$15</b>			
2-1	Swimming	68162	CANCELLED		

2-2	Swimming	68165	TuTh 11-12P	HEARST POOL	STEFKE, E J
2-3	Swimming	68168	TuTh 2-3P	HEARST POOL	STEFKE, E J
<b>Basketball</b>		<b>CMF Fee: \$10</b>			
2-4	Basketball	68171	MW 10-11A	RSF FLDHOUSE	RORK, L H
2-22	Basketball	68224	MW 12-1P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee: \$10</b>			
2-5	Ballet	68174	M 11-1P	230 HEARST GYM	LI-JUE, S Y
2-6	Ballet	68177	W 11-1P	230 HEARST GYM	LI-JUE, S Y
2-7	Jazz Dance	68180	CANCELLED		
2-8	Jazz Dance	68183	F 1-3P	230 HEARST GYM	BRITTON, J E
2-9	Modern Dance	68186	CANCELLED		
2-10	Tap Dance	68189	CANCELLED		
<b>Fitness</b>		<b>CMF Fee: \$10</b>			
2-11	Stretch, Strength, and Alignment	68192	CANCELLED		
2-12	Yoga-Vinyasa	68195	MW 12-1P	251 HEARST GYM	MAR, T L
2-13	Yoga-Vinyasa	68198	CANCELLED		
<b>Martial Arts</b>		<b>CMF Fee: \$10</b>			
2-14	Taekwondo	68201	MW 12-1P	145 REC SPRT FAC	AHN, R C
2-15	Taekwondo	68204	TuTh 12-1P	145 REC SPRT FAC	AHN, R C
2-16	Yongmudo/Self-Defense	68207	CANCELLED		
2-17	Judo	68210	CANCELLED		
<b>Tennis</b>		<b>CMF Fee: \$10</b>			
2-18	Tennis	68213	MW 10-11A	CHANNING CTS	MORRIS, R A
2-19	Tennis	68216	TuTh 11-12P	CHANNING CTS	MORRIS, R A
<b>Volleyball</b>		<b>CMF Fee: \$10</b>			
2-20	Volleyball	68219	Tu 10-12P	RSF FLDHOUSE	CARAWAY, W J
2-21	Volleyball	68222	Th 10-12P	RSF FLDHOUSE	CARAWAY, W J

### Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee: \$15</b>			
3-1	Swimming	68225	TuTh 9-10A	HEARST POOL	STEFKE, E J
3-2	Swimming	68228	TuTh 10-11A	HEARST POOL	STEFKE, E J
3-3	Swimming	68231	TuTh 3-4P	HEARST POOL	STEFKE, E J
<b>Badminton</b>		<b>CMF Fee: \$10</b>			
3-4	Badminton	68234	CANCELLED		
<b>Basketball</b>		<b>CMF Fee: \$10</b>			

3-5	Basketball	68237MW 11-12P	RSF FLDHOUSE	RORK, L H
3-6	Basketball	68240MW 1-2P	RSF FLDHOUSE	RORK, L H
<b>Dance</b>		<b>CMF Fee: \$10</b>		
3-7	Ballet	68243CANCELLED		
3-8	Lyrical Jazz	68246CANCELLED		
<b>Fitness</b>		<b>CMF Fee: \$10</b>		
3-9	Yoga-Vinyasa	68249CANCELLED		
<b>Martial Arts</b>		<b>CMF Fee: \$10</b>		
3-10	Taekwondo	68252CANCELLED		
<b>Tennis</b>		<b>CMF Fee: \$10</b>		
3-11	Tennis	68255M 11-1P	CHANNING CTS	MORRIS, R A
3-12	Tennis	68258CANCELLED		
3-13	Tennis	68261W 11-1P	CHANNING CTS	MORRIS, R A
3-14	Tennis	68264CANCELLED		
<b>Volleyball</b>		<b>CMF Fee: \$10</b>		
3-15	Volleyball	68267Tu 12-2P	RSF FLDHOUSE	CARAWAY, W J
3-16	Volleyball	68269Th 12-2P	RSF FLDHOUSE	CARAWAY, W J

### High Intermediate Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Aquatics</b>		<b>CMF Fee: \$15</b>			
4-1	Swimming	68270	CANCELLED		
4-2	Swimming	68273	CANCELLED		
4-3	Swimming	68276	CANCELLED		
<b>Basketball</b>		<b>CMF Fee: \$10</b>			
4-4	Basketball	68279	CANCELLED		
<b>Tennis</b>		<b>CMF Fee: \$10</b>			
4-5	Tennis	68282	CANCELLED		
4-6	Tennis	68285	CANCELLED		
<b>Volleyball</b>		<b>CMF Fee: \$10</b>			
4-7	Volleyball	68288	CANCELLED		

### Advanced Activities

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>Dance</b>		<b>CMF Fee: \$10</b>			
5-1	Technique and Performance	68291	CANCELLED		

### Lecture Courses

<i>Class Lev / Sec</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
<b>PE 32</b>					
32-1	Fitness for Life: Physical Adaptations to Exercise	68462	M 8-9A	20 BARROWS	JOHANNESSEN, S
32-101	Fitness for Life: Physical Adaptations to Exercise	68465	M 1-4P	188 HEARST GYM	JOHANNESSEN, S
32-102	Fitness for Life: Physical Adaptations to Exercise	68468	M 10-1P	188 HEARST GYM	JOHANNESSEN, S
32-103	Fitness for Life: Physical Adaptations to Exercise	68471	W 1-4P	188 HEARST GYM	JOHANNESSEN, S

32-104	Fitness for Life: Physical Adaptations to Exercise	68474W 8-11A	188 HEARST GYM	JOHANNESSEN, S
<b>PE 47 B</b>		<b>CMF Fee: \$142</b>		
47B-1	Intermediate Skin and SCUBA Diving	68477Tu 4-6P	188 HEARST GYM	HAYWARD, J M
47B-LAB	Intermediate Skin and SCUBA Diving	68480W 7-9P	SPIEKER POOL	HAYWARD, J M
<b>PE C165</b>				
C165-1	Introduction to the Biomechanical Analysis of Human...(CL w/ 43162)	68483MWF 10-11A	242 HEARST GYM	SCOTT, M K
C165-LAB	Introduction to the Biomechanical Analysis of Human...(CL w/ 43165)	68486MWF 11-12P	242 HEARST GYM	SCOTT, M K
IB C125	Introduction to the Biomechanical Analysis of Human...(CL w/ 68483)	43162MWF 10-11A	242 HEARST GYM	SCOTT, M K
IB C125-LAB	Introduction to the Biomechanical Analysis of Human...(CL w/ 68486)	43165MWF 11-12P	242 HEARST GYM	SCOTT, M K
<b>PE 197</b>				
197-1	Field Study in Physical Education	68489UNSCHED	NO FACILITY	SCOTT, M K
197-2	Field Study in Physical Education	68492UNSCHED	NO FACILITY	SCOTT, M K