U.C. Berkeley Diving Safety Program Month: _____ Year: _____ Computer or Table:_____

Name:_____

SCUBA DIVING LOG SHEET

Date	Buddy	Location	Purpose	Surface Interval	Group In	Max. Depth	Time In	Time Out	Total Bottom Time	Group Out	Safety Stop	Conditions or Comments	Environment or Technology

Have you recently been hospitalized or have you had any serious illness (Yes ___ / No ___?). If the answer is "Yes" please discuss this with the Diving Safety Officer before resuming diving.

Please fill in this log sheet as completely as possible, sign it, with your certification number and depth, and return it to: Division of Diving Safety at 200 Hearst Gym #4482. Logs are due by the 5 th of the following month.

Important: Please see the "Guidelines and Key for UC Berkeley Dive Logs" sheet for information on how to use this log, dive log filings requirements, and guidelines for safe diving practices.

_____/_____ _____/_____ _____/

Certification Number/Depth Signature/Date Diving Safety Officer Signature

Guidelines and Key For UC Berkeley Dive Logs

1 **Submit this log to the Diving Safety Officer at the Division of Diving Safety, 105 Hearst Gym, by the 5th day of the following month. If no dives were made, then indicate with "No Dives" on the log sheet. E-mail logs can be sent to ucbdiver@uclink4.berkeley.edu**

2 Separate, detailed reports must be filed on the appropriate forms with the Diving Safety Officer for all accidents, incidents, potentially dangerous situations, and any equipment failures.

3 **The University of California, Berkeley is not responsible for arry sport dives conducted by UCB Scientific IDivers. Sport dives are not to be interspersed with Scientific dives. (See section 2.12 of the Diving Safety Manual) Sport dives may or may not be counted toward maintaining current status at the discretion of the Diving Safety Officer.**

4 Purpose R = Research conducted under UC Berkeley Auspices, or under reciprocity agreements
T = Training conducted under UC Berkeley Auspices or under reciprocity agreements
0 = All other dives

5 Group In = Repetitive group before the dive according to NAUI or Michigan (Hugi) tables

6 Max Depth = Maximum depth obtained on the dive.

7 Time In = Time at start of descent.

8 Time Out = Time upon reaching the surface.

9 TBT = Total Bottom Time (total time underwater)

1 0 Group Out = Repetitive group at the end of the dive according tot the NAU1 or Michigan (Hugi) tables

11 T/C = Was a Table or Computer used to monitor decompression status?

12 SS = Safety Stop The Division of Diving Safety recommends a precautionary stop for a minimum of three minutes between 15' and 20' on all dives deeper than 30'.

13 C / A = Was the dive cold and/or arduous?
Please note the correct procedure listed below for planning and use of tables on cold and/or arduous dives.
If a dive was cold or arduous use the next greater bottom time on your tables.
If a dive was cold and arduous, then use the next greater bottom time and the next greater depth for your schedule.

14 Environment or Technology: Please indicate if the dive included any of the following:

Nitrox	**Mixed Gas**
Required Decompression	**Saturation**
Surface Supplied	**Hookah**
Blue Water	**Ice / Polar**
Overhead	**Rebreather**

You may want to photocopy your logs for your personal records