

PHYSICAL EDUCATION PROGRAM

<i>Class Level-Section</i>	<i>Activity</i>	<i>CCN</i>	<i>Class Day and Time</i>	<i>Class Location</i>	<i>Class Instructor</i>
PE 1 Elementary Level					
Aquatics	CMF Fee: \$10.00				
1-1	Swimming	68003	MW/1-2	Hearst Pool	Stefke, E.
1-2	Swimming	68006	TTH/11-12	Hearst Pool	Scott, K.
Badminton	CMF Fee: \$10.00				
1-3	Badminton	68009	TTH/9-10	220 Hearst Gym	Morris, R.
Basketball	CMF Fee: \$10.00				
1-4	Basketball	68012	MW/9-10	RSF Field House	Rork, L.
Dance	CMF Fee: \$10.00				
1-5	Ballet	68015	M/11-1	230 Hearst Gym	Li-Jue, S.
1-6	Ballet	68018	W/11-1	230 Hearst Gym	Li-Jue, S.
1-7	Jazz Dance	68021	M/3-5	234 Hearst Gym	McCann, K.
1-8	Jazz Dance	68024	TH/1-3	230 Hearst Gym	Britton, J.
1-9	Modern Dance	68027	F/9-11	230 Hearst Gym	McCann, K.
Fitness	CMF Fee: \$10.00				
1-10	Aerobic Circuit Training	68030	MW/10-11	251 Hearst Gym	Mar, T.
1-11	Aerobic Circuit Training	68033	TTH/9-10	234 Hearst Gym	Mar, T.
1-12	Step Aerobics	68036	MW/12-1	234 Hearst Gym	Mar, T.
1-13	Stretch/Strength/Alignment	68039	MW/10-11	230 Hearst Gym	Li-Jue, S.
1-15	Yoga Gentle/Restorative	68045	W/1-3	251 Hearst Gym	Britton, J.
1-16	Yoga Vinyasa	68048	MW/11-12	251 Hearst Gym	Mar, T.
1-17	Yoga Gentle/Restorative	68051	TU/3-5	251 Hearst Gym	Britton, J.
1-18	Yoga Vinyasa	68054	TTH/11-12	251 Hearst Gym	Mar, T.
1-19	Yoga Gentle/Restorative	68057	F/10-12	251 Hearst Gym	Britton, J.
1-20	Circuit Weight Training	68060	MW/9-10	125E RSF	Wong, D.
1-21	Circuit Weight Training	68063	TTH/12-1	125E RSF	Wong, D.
1-22	Resistance Training	68066	M/8-9	125E RSF	Mar, T.
1-23	Resistance Training	68069	MW/10-11	125E RSF	Wong, D.
1-24	Resistance Training	68072	MW/11-12	125E RSF	Wong, D.
1-25	Resistance Training	68075	MW/12-1	125E RSF	Wong, D.
1-26	Resistance Training	68078	MW/2-3	125E RSF	Mar, T.
1-27	Resistance Training	68081	TTH/10-11	125E RSF	Wong, D.
1-28	Resistance Training	68084	TTH/11-12	125E RSF	Wong, D.
1-29	Resistance Training	68087	TTH/1-2	125E RSF	Wong, D.
1-30	Resistance Training	68090	TTH/2-3	125E RSF	Mar, T.
1-31	Sports Performance Training	68093	TTH/8-9	RSF Field House	Wong, D.
Golf	CMF Fee: \$10.00				
1-32	Golf	68096	TTH/10-11	220 Hearst Gym	Lee, E.
1-33	Golf	68099	TTH/11-12	220 Hearst Gym	Lee, E.
Martial Arts	CMF Fee: \$10.00				
1-34	Taekwondo	68102	MW/10-11	145 RSF	Ahn, R.
1-35	Taekwondo	68105	MW/11-12	145 RSF	Ahn, R.
1-36	Taekwondo	68108	TTH/12-1	145 RSF	Ahn, R.
1-37	Taekwondo	68111	TTH/2-3	135 RSF	Ahn, R.
1-38	Taekwondo	68114	TTH/3-4	145 RSF	Ahn, R.
1-39	Yongmudo/Self Defense	68117	MW/8-9	145 RSF	Lee, E.

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1-40	Yongmudo/Self Defense	68120	MW/9-10	145 RSF	Lee, E.
1-41	Yongmudo/Self Defense	68123	MW/1-2	145 RSF	Lee, E.
1-42	Yongmudo/Self Defense	68126	MW/2-3	145 RSF	Lee, E.
1-43	Yongmudo/Self Defense	68129	MW/3-4	145 RSF	Lee, E.
1-45	Judo	68135	TTH/8-9	145 RSF	Lee, E.
1-46	Judo	68138	TTH/9-10	145 RSF	Lee, E.
Tennis	CMF Fee: \$10.00				
1-48	Tennis	68144	MW/9-10	Hearst Gym Crts	Morris, R.
1-49	Tennis	68147	MW/10-11	Hearst Gym Crts	Morris, R.
1-50	Tennis	68150	TTH/10-11	Hearst Gym Crts	Morris, R.
Volleyball	CMF Fee: \$10.00				
1-51	Volleyball	68153	TTH/9-10	RSF Field House	Caraway, J.

PE 2 Low Intermediate Level

Aquatics	CMF Fee: \$10.00				
2-1	Swimming	68156	TTH/10-11	Hearst Pool	Scott, K.
2-2	Swimming	68159	TTH/1-2	Hearst Pool	Stefke, E.
Basketball	CMF Fee: \$10.00				
2-3	Basketball	68162	MW/11-12	RSF Field House	Rork, L.
Dance	CMF Fee: \$10.00				
2-4	Ballet	68165	M/2-4	230 Hearst Gym	Li-Jue, S.
2-5	Ballet	68168	W/2-4	230 Hearst Gym	Li-Jue, S.
2-6	Jazz Dance	68171	TU/12-2	230 Hearst Gym	Britton, J.
2-7	Jazz Dance	68174	F/1-3	230 Hearst Gym	Britton, J.
2-8	Modern Dance	68177	M/5-7	230 Hearst Gym	McCann, K.
2-9	Tap Dance	68180	TU/12-2	234 Hearst Gym	Li-Jue, S.
Fitness	CMF Fee: \$10.00				
2-10	Stretch/Strength/Alignment	68183	TTH/10-11	230 Hearst Gym	Li-Jue, S.
2-11	Step Aerobics	68186	MW/1-2	234 Hearst Gym	Mar, T.
2-12	Yoga Vinyasa	68189	MW/3-4	251 Hearst Gym	Mar, T.
2-13	Yoga Vinyasa	68192	TTH/10-11	251 Hearst Gym	Mar, T.
Martial Arts	CMF Fee: \$10.00				
2-14	Taekwondo	68195	MW/12-1	145 RSF	Ahn, R.
2-15	Taekwondo	68198	TTH/1-2	145 RSF	Ahn, R.
2-16	Yongmudo/Self Defense	68201	TTH/4-5	145 RSF	Lee, E.
2-17	Judo	68204	TTH/2--3	145 RSF	Lee, E.
Tennis	CMF Fee: \$10.00				
2-19	Tennis	68210	MW/11-12	Hearst Gym Crts	Morris, R.
2-20	Tennis	68213	TTH/11-12	Hearst Gym Crts	Morris, R.
Volleyball	CMF Fee: \$10.00				
2-22	Volleyball	68219	TU/10-12	RSF Field House	Caraway, J.

PE 3 Intermediate Level

Aquatics	CMF Fee: \$10.00				
3-1	Swimming	68222	MW/2-3	Hearst Pool	Stefke, E.
3-2	Swimming	68225	TTH/2-3	Hearst Pool	Stefke, E.

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Badminton	CMF Fee: \$10.00				
3-3	Badminton	68228	TTH/8-9	220 Hearst Gym	Morris, R.
Basketball	CMF Fee: \$10.00				
3-4	Basketball	68231	MW/10-11	RSF Field House	Rork, L.
3-5	Basketball	68234	MW/12-1	RSF Field House	Rork, L.
Dance	CMF Fee: \$10.00				
3-6	Ballet	68237	TH/11-1	230 Hearst Gym	Li-Jue, S.
3-7	Lyrical Jazz	68240	W/4-6	230 Hearst Gym	Britton, J.
Fitness	CMF Fee: \$10.00				
3-8	Yoga Vinyasa	68243	TTH/1-2	251 Hearst Gym	Mar, T.
Tennis	CMF Fee: \$10.00				
3-9	Tennis	68246	M/12-2	Hearst Gym Crts	Morris, R.
3-10	Tennis	68249	TU/10-12	Channing Crts	Rork, L.
3-11	Tennis	68252	TU/12-2	Hearst Gym Crts	Rork, L.
3-12	Tennis	68255	TH/10-12	Channing Crts	Rork, L.
Volleyball	CMF Fee: \$10.00				
3-13	Volleyball	68258	TU/12-2	RSF Field House	Caraway, J.
3-14	Volleyball	68261	TH/10-12	RSF Field House	Caraway, J.
PE 4 High Intermediate Level					
Aquatics	CMF Fee: \$10.00				
4-1	Swimming	68264	MW/3-4	Hearst Pool	Stefke, E.
4-2	Swimming	68267	TTH/10-11	Spieker Pool	Stefke, E.
4-3	Swimming	68270	TTH/3-4	Hearst Pool	Stefke, E.
Basketball	CMF Fee: \$10.00				
4-4	Basketball	68273	MW/1-2	RSF Field House	Rork, L.
Tennis	CMF Fee: \$10.00				
4-5	Tennis	68276	W/12-2	Hearst Gym Crts	Morris, R.
Volleyball	CMF Fee: \$10.00				
4-6	Volleyball	68279	TH/12-2	RSF Field House	Caraway, J.
PE 5 Advanced Level					
Dance	CMF Fee: \$10.00				
5-1	Technique and Performance	68282	TH/4-6	230 Hearst Gym	Britton, J.
Martial Arts	CMF Fee: \$10.00				
5-2	Technique and Performance	68285	W/5-7	145 RSF	Ahn, R.
Physical Education Lecture Courses					
PE 32	CMF Fee:				
32	Fitness for Life-Lec	68450	M/10-11	242 Hearst Gym	Johannessen, S.
32-101	Fitness for Life-Lab	68453	TU/9-12	188 Hearst Gym	Johannessen, S.
32-102	Fitness for Life-Lab	68456	TU/1-4	188 Hearst Gym	Johannessen, S.
PE 55	CMF Fee:				
55	Water Safety Instruc. Training - Lec	68459	M/10-12	Hearst Pool	Stefke, E.
55	Water Safety Instruc. Training - Lab	68462	W/10-12	100 Hearst Gym	Stefke, E.

